

Nationale Longue Distance

Nomont - Famelette 20.2.2022

CO Liège

Vic VANDERSTRAETEN

hamok

Circuit : H75

Distance : 3060m (Dénivelé 70m)

Temps : 0:43:34 (14'14"/km)

3/12

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Freddy SILLIEN | 0:30:38 |
| 2. Mike IN 'T GROEN | 0:38:18 |

1.	124	00:01:58		153m	12'51"/km
2.	121	00:04:17	00:06:15	215m	19'55"/km
3.	120	00:03:13	00:09:28	223m	14'25"/km
4.	107	00:02:07	00:11:35	140m	15'07"/km
5.	106	00:01:53	00:13:28	206m	9'09"/km
6.	125	00:06:42	00:20:10	479m	13'59"/km
7.	126	00:06:55	00:27:05	295m	23'27"/km
8.	105	00:02:31	00:29:36	157m	16'02"/km
9.	116	00:01:56	00:31:32	150m	12'53"/km
10.	104	00:02:01	00:33:33	149m	13'32"/km
11.	115	00:01:52	00:35:25	114m	16'22"/km
12.	103	00:03:07	00:38:32	251m	12'25"/km
13.	165	00:04:30	00:43:02	433m	10'24"/km
14.	999	00:00:32	00:43:34	91m	5'52"/km

HELGA

Orienteering Software