Nationale Longue Distance
Nomont - Famelette 20.2.2022
CO Liège

Ruud SCHONEWILLE
Borasca
Circuit : H75
Distance : 3060m (Dénivelé 70m)
Temps : 1:07:36 (22'05"/km)

10/12 O.K.

Résultats complets sur Webres

1.	Freddy SILLIEN	0:30:38
2.	Mike IN 'T GROEN	0:38:18
3.	Vic VANDERSTRAETEN	0:43:34

1.	124	00:02:44		153m	17'52"/km
2.	121	00:03:21	*00:06:05*	215m	15'35"/km
3.	120	00:06:42	*00:12:47*	223m	30'03"/km
4.	107	00:03:33	*00:16:20*	140m	25'21"/km
5.	106	00:03:33	*00:19:53*	206m	17'14"/km
6.	125	00:10:43	*00:30:36*	479m	22'22"/km
7.	126	00:09:48	*00:40:24*	295m	33'13"/km
8.	105	00:03:36	*00:44:00*	157m	22'56"/km
9.	116	00:02:52	*00:46:52*	150m	19'07"/km
10.	104	00:03:16	*00:50:08*	149m	21'55"/km
11.	115	00:03:55	*00:54:03*	114m	34'21"/km
12.	103	00:05:03	*00:59:06*	251m	20'07"/km
13.	165	00:07:26	*01:06:32*	433m	17'10"/km
14.	999	00:01:04	*01:07:36*	91m	11'43"/km

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