Be Arrows Training
Beringen 12.3.2022
Kono

Torben AERDEN
K.O.L.
Course : H:Sprint 1
Distance : 1500m
Time : 0:07:58 (5'19"/km)

12/15 O.K.

Full result on Webres

1. Wouter HUS 0:05:23
2. Warre DE CUYPER 0:05:37
3. Evert LEEUWS 0:05:42

1.	31	00:00:33		84m	6'33"/km
2.	32	00:00:21	*00:00:54*	75m	4'40"/km
3.	33	00:00:52	*00:01:46*	70m	12'23"/km
4.	34	00:00:46	*00:02:32*	131m	5'51"/km
5.	35	00:00:41	*00:03:13*	81m	8'26"/km
6.	36	00:00:29	*00:03:42*	82m	5'54"/km
7.	37	00:00:31	*00:04:13*	94m	5'30"/km
8.	38	00:00:30	*00:04:43*	125m	4'00"/km
9.	39	00:01:13	*00:05:56*	197m	6'11"/km
10.	999	00:02:02	*00:07:58*	263m	7'44"/km

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