Championat de Ligue MD - Lauraco - Cht Ligue MD - Laurac

Pollionnay 19.3.2022

6911AR ASUL SPORTS NAT

Thomas COLLETER
7309AR COCS
Circuit : H45
Distance : 3100m (Dénivelé 200m)
Temps : 0:38:53 (12'33"/km)

8/24 O.K.

Résultats complets sur Webres

1. François PRADEAU 0:31:01
2. Emmanuel GRANGER 0:31:45
3. Xavier ANDRIEUX 0:33:56

1.	123	00:04:41		277m	16'54"/km
2.	101	00:02:19	*00:07:00*	208m	11'08"/km
3.	142	00:03:05	*00:10:05*	330m	9'21"/km
4.	148	00:01:25	*00:11:30*	93m	15'14"/km
5.	140	00:05:36	*00:17:06*	197m	28'26"/km
6.	136	00:01:06	*00:18:12*	133m	8'16"/km
7.	118	00:01:01	*00:19:13*	104m	9'47"/km
8.	134	00:02:09	*00:21:22*	215m	10'00"/km
9.	144	00:01:15	*00:22:37*	104m	12'01"/km
10.	117	00:00:57	*00:23:34*	97m	9'48"/km
11.	141	00:04:35	*00:28:09*	375m	12'13"/km
12.	147	00:01:52	*00:30:01*	144m	12'58"/km
13.	111	00:05:05	*00:35:06*	355m	14'19"/km
14.	200	00:03:20	*00:38:26*	328m	10'10"/km
15.	999	00:00:27	*00:38:53*	108m	4'10"/km

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