



Nationale Moyenne Distance
La Houssière 20.3.2022
Altair C.O.

Jens DEFERM

hamok

Circuit : H10B

Distance : 2050m (Dénivelé 35m)

Temps : 0:28:12 (13'45"/km)

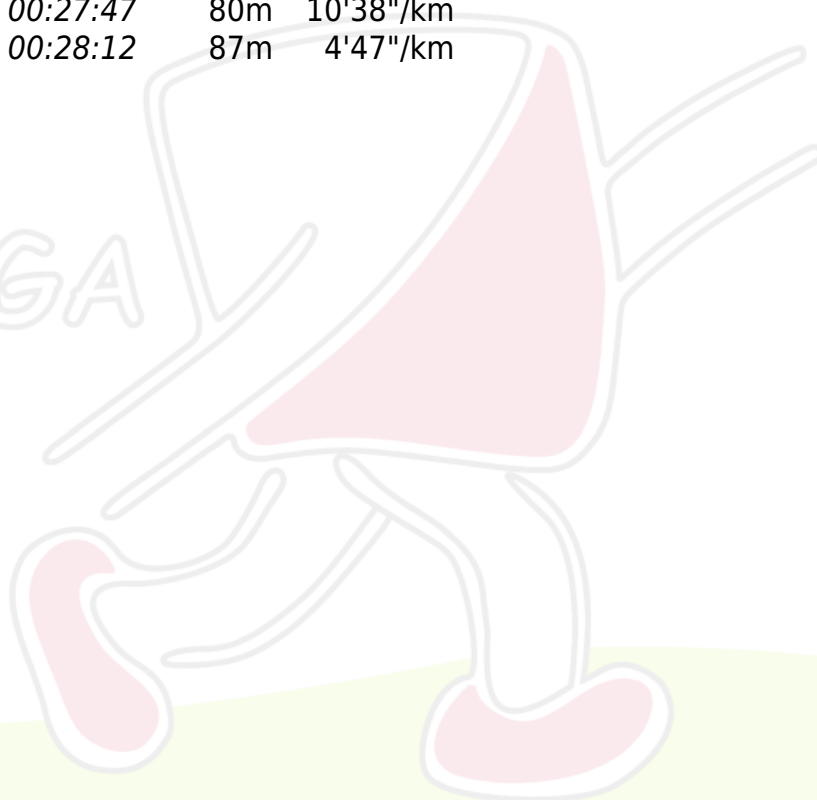
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O.K.

[Résultats complets sur Webres](#)

1.	215	00:02:05		278m	7'30"/km
2.	234	00:02:30	00:04:35	232m	10'47"/km
3.	217	00:05:29	00:10:04	453m	12'06"/km
4.	218	00:03:03	00:13:07	162m	18'50"/km
5.	219	00:05:53	00:19:00	372m	15'49"/km
6.	222	00:02:31	00:21:31	185m	13'36"/km
7.	224	00:05:25	00:26:56	202m	26'49"/km
8.	255	00:00:51	00:27:47	80m	10'38"/km
9.	999	00:00:25	00:28:12	87m	4'47"/km

HELGA



Orienteering Software