



Nationale Moyenne Distance

La Houssière 20.3.2022

Altaïr C.O.

Dieter COEN

TROL

Circuit : HE

Distance : 6170m (Dénivelé 180m)

Temps : 1:16:02 (12'19"/km)

4/8

O.K.

[Résultats complets sur Webres](#)

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|------------------|---------|
| 1. Simon KREKELS | 0:46:36 |
| 2. Jeroen HOEKX | 0:49:45 |
| 3. Nico CEUNEN | 0:55:16 |

1.	244	00:02:04		256m	8'04"/km
2.	167	00:04:06	00:06:10	415m	9'53"/km
3.	212	00:04:21	00:10:31	459m	9'29"/km
4.	168	00:01:41	00:12:12	104m	16'11"/km
5.	169	00:01:41	00:13:53	165m	10'12"/km
6.	170	00:01:32	00:15:25	91m	16'51"/km
7.	171	00:02:20	00:17:45	151m	15'27"/km
8.	172	00:01:36	00:19:21	163m	9'49"/km
9.	173	00:04:08	00:23:29	308m	13'25"/km
10.	246	00:02:09	00:25:38	151m	14'14"/km
11.	174	00:02:40	00:28:18	296m	9'01"/km
12.	193	00:06:17	00:34:35	556m	11'18"/km
13.	206	00:01:26	00:36:01	148m	9'41"/km
14.	247	00:02:10	00:38:11	155m	13'59"/km
15.	177	00:03:03	00:41:14	278m	10'58"/km
16.	178	00:03:52	00:45:06	283m	13'40"/km
17.	179	00:02:59	00:48:05	297m	10'03"/km
18.	180	00:04:39	00:52:44	275m	16'55"/km
19.	181	00:02:12	00:54:56	111m	19'49"/km
20.	211	00:05:08	01:00:04	259m	19'49"/km
21.	182	00:01:50	01:01:54	93m	19'43"/km
22.	226	00:03:13	01:05:07	185m	17'23"/km
23.	183	00:01:27	01:06:34	140m	10'21"/km
24.	195	00:03:08	01:09:42	200m	15'40"/km
25.	184	00:01:10	01:10:52	83m	14'03"/km
26.	185	00:01:49	01:12:41	139m	13'04"/km
27.	186	00:01:19	01:14:00	159m	8'17"/km
28.	255	00:01:29	01:15:29	162m	9'09"/km
29.	999	00:00:33	01:16:02	87m	6'19"/km

Orienteering Software