Nationale Moyenne Distance
La Houssière 20.3.2022
Altaïr C.O.

Kristof WOLLES
hamok
Circuit : H40
Distance : 4600m (Dénivelé 105m)
Temps : 0:57:42 (12'33"/km)

2/3 O.K.

Résultats complets sur Webres

1. Cédric INSTALLE 0:47:50

1.	177	00:12:25		471m	26'22"/km
2.	225	00:01:37	*00:14:02*	141m	11'28"/km
3.	167	00:01:09	*00:15:11*	139m	8'16"/km
4.	231	00:01:11	*00:16:22*	132m	8'58"/km
5.	201	00:03:12	*00:19:34*	334m	9'35"/km
6.	191	00:03:14	*00:22:48*	309m	10'28"/km
7.	202	00:01:19	*00:24:07*	143m	9'12"/km
8.	189	00:00:53	*00:25:00*	75m	11'47"/km
9.	232	00:02:37	*00:27:37*	175m	14'57"/km
10.	174	00:01:37	*00:29:14*	117m	13'49"/km
11.	188	00:02:52	*00:32:06*	272m	10'32"/km
12.	245	00:01:21	*00:33:27*	171m	7'54"/km
13.	215	00:02:30	*00:35:57*	231m	10'49"/km
14.	193	00:03:55	*00:39:52*	340m	11'31"/km
15.	206	00:01:17	*00:41:09*	148m	8'40"/km
16.	214	00:01:32	*00:42:41*	147m	10'26"/km
17.	207	00:06:06	*00:48:47*	416m	14'40"/km
18.	195	00:03:43	*00:52:30*	213m	17'27"/km
19.	184	00:01:04	*00:53:34*	83m	12'51"/km
20.	185	00:01:31	*00:55:05*	139m	10'55"/km
21.	186	00:01:03	*00:56:08*	159m	6'36"/km
22.	255	00:01:15	*00:57:23*	162m	7'43"/km
23.	999	00:00:19	*00:57:42*	87m	3'38"/km

Orienteering Software

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