



Nationale Moyenne Distance

La Houssière 20.3.2022

Altaïr C.O.

Dirk GOOSSENS

TROL

Circuit : H55

Distance : 4300m (Dénivelé 115m)

Temps : 0:31:55 (7'25"/km)

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O.K.

[Résultats complets sur Webres](#)

2. Serge BAERT 0:37:13
3. Eric VANDEBROEK 0:41:51

1.	225	00:03:46		554m	6'48"/km
2.	249	00:00:38	00:04:24	111m	5'42"/km
3.	227	00:01:25	00:05:49	170m	8'20"/km
4.	232	00:01:54	00:07:43	228m	8'20"/km
5.	189	00:01:20	00:09:03	175m	7'37"/km
6.	202	00:00:47	00:09:50	75m	10'27"/km
7.	213	00:00:38	00:10:28	91m	6'58"/km
8.	229	00:01:02	00:11:30	157m	6'35"/km
9.	242	00:01:01	00:12:31	162m	6'17"/km
10.	168	00:01:14	00:13:45	145m	8'30"/km
11.	173	00:03:04	00:16:49	297m	10'20"/km
12.	246	00:01:03	00:17:52	151m	6'57"/km
13.	244	00:03:20	00:21:12	509m	6'33"/km
14.	175	00:05:03	00:26:15	558m	9'03"/km
15.	214	00:00:56	00:27:11	145m	6'26"/km
16.	219	00:00:55	00:28:06	111m	8'15"/km
17.	194	00:01:37	00:29:43	254m	6'22"/km
18.	186	00:00:46	00:30:29	156m	4'55"/km
19.	255	00:01:03	00:31:32	162m	6'29"/km
20.	999	00:00:23	00:31:55	87m	4'24"/km

Orienteering Software