



Nationale Moyenne Distance

La Houssière 20.3.2022

Altaïr C.O.

Serge BAERT

N.S.V. Amel

Circuit : H55

Distance : 4300m (Dénivelé 115m)

Temps : 0:37:13 (8'39"/km)

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O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Dirk GOOSSENS | 0:31:55 |
| 3. Eric VANDEBROEK | 0:41:51 |

1.	225	00:04:52		554m	8'47"/km
2.	249	00:00:35	00:05:27	111m	5'15"/km
3.	227	00:02:37	00:08:04	170m	15'24"/km
4.	232	00:02:08	00:10:12	228m	9'21"/km
5.	189	00:01:26	00:11:38	175m	8'11"/km
6.	202	00:00:36	00:12:14	75m	8'00"/km
7.	213	00:00:44	00:12:58	91m	8'04"/km
8.	229	00:01:15	00:14:13	157m	7'58"/km
9.	242	00:00:58	00:15:11	162m	5'58"/km
10.	168	00:01:05	00:16:16	145m	7'28"/km
11.	173	00:03:01	00:19:17	297m	10'09"/km
12.	246	00:01:49	00:21:06	151m	12'02"/km
13.	244	00:03:10	00:24:16	509m	6'13"/km
14.	175	00:05:04	00:29:20	558m	9'05"/km
15.	214	00:01:01	00:30:21	145m	7'01"/km
16.	219	00:00:49	00:31:10	111m	7'21"/km
17.	194	00:01:55	00:33:05	254m	7'33"/km
18.	186	00:02:38	00:35:43	156m	16'53"/km
19.	255	00:01:09	00:36:52	162m	7'06"/km
20.	999	00:00:21	00:37:13	87m	4'01"/km

Orienteering Software