



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

Sofie HERREMANS

hamok

Omloop : D40

Afstand : 4570m

Tijd : 0:33:35 (7'21"/km)

2/14

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Aline HERMANS | 0:29:40 |
| 3. Lieke VAN OPSTAL | 0:34:33 |

1.	156	00:03:34		379m	9'25"/km
2.	201	00:01:01	00:04:35	111m	9'10"/km
3.	171	00:01:18	00:05:53	158m	8'14"/km
4.	143	00:01:38	00:07:31	211m	7'44"/km
5.	154	00:01:01	00:08:32	148m	6'52"/km
6.	199	00:04:27	00:12:59	591m	7'32"/km
7.	157	00:01:12	00:14:11	163m	7'22"/km
8.	149	00:02:31	00:16:42	300m	8'23"/km
9.	163	00:00:51	00:17:33	115m	7'23"/km
10.	181	00:01:48	00:19:21	251m	7'10"/km
11.	175	00:02:10	00:21:31	325m	6'40"/km
12.	211	00:02:24	00:23:55	314m	7'39"/km
13.	191	00:01:48	00:25:43	239m	7'32"/km
14.	161	00:00:58	00:26:41	153m	6'19"/km
15.	220	00:01:27	00:28:08	183m	7'55"/km
16.	219	00:01:02	00:29:10	184m	5'37"/km
17.	151	00:01:21	00:30:31	194m	6'58"/km
18.	178	00:01:15	00:31:46	195m	6'25"/km
19.	166	00:01:03	00:32:49	163m	6'27"/km
20.	200	00:00:29	00:33:18	92m	5'15"/km
21.	999	00:00:17	00:33:35	99m	2'52"/km

Orienteering Software