



Régionale urbaine Nivelles

Nivelles 22.5.2022

Altaïr C.O.

Serge BAERT

NSV Amel

Circuit : H:Très Long

Distance : 8300m

Temps : 1:09:03 (8'19"/km)

7/16

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------|---------|
| 1. Clément DEMEUSE | 0:52:49 |
| 2. Etienne VAN GASSE | 0:59:56 |
| 3. Grégoire VANDEGHINSTE | 1:00:10 |

1.	167	00:02:00		124m	16'08"/km
2.	184	00:02:00	00:04:00	277m	7'13"/km
3.	185	00:02:04	00:06:04	291m	7'06"/km
4.	186	00:01:15	00:07:19	148m	8'27"/km
5.	187	00:01:43	00:09:02	120m	14'18"/km
6.	190	00:01:15	00:10:17	125m	10'00"/km
7.	188	00:00:42	00:10:59	126m	5'33"/km
8.	193	00:01:28	00:12:27	246m	5'58"/km
9.	218	00:01:05	00:13:32	170m	6'22"/km
10.	194	00:02:02	00:15:34	348m	5'51"/km
11.	198	00:01:06	00:16:40	180m	6'07"/km
12.	196	00:02:29	00:19:09	221m	11'14"/km
13.	219	00:01:00	00:20:09	64m	15'38"/km
14.	197	00:01:26	00:21:35	220m	6'31"/km
15.	201	00:03:43	00:25:18	354m	10'30"/km
16.	220	00:02:05	00:27:23	130m	16'02"/km
17.	221	00:00:57	00:28:20	134m	7'05"/km
18.	222	00:04:08	00:32:28	398m	10'23"/km
19.	203	00:02:49	00:35:17	334m	8'26"/km
20.	205	00:02:33	00:37:50	204m	12'30"/km
21.	206	00:01:38	00:39:28	258m	6'20"/km
22.	195	00:01:30	00:40:58	144m	10'25"/km
23.	208	00:03:29	00:44:27	360m	9'41"/km
24.	207	00:01:27	00:45:54	230m	6'18"/km
25.	204	00:00:41	00:46:35	110m	6'13"/km
26.	209	00:00:38	00:47:13	103m	6'09"/km
27.	210	00:02:14	00:49:27	240m	9'18"/km
28.	189	00:01:46	00:51:13	290m	6'06"/km
29.	183	00:01:33	00:52:46	244m	6'21"/km
30.	223	00:01:40	00:54:26	178m	9'22"/km
31.	224	00:00:00	00:54:26	35m	0'00"/km
32.	181	00:01:49	00:56:15	217m	8'22"/km
33.	169	00:02:22	00:58:37	397m	5'58"/km
34.	173	00:02:31	01:01:08	347m	7'15"/km
35.	171	00:01:04	01:02:12	49m	21'46"/km
36.	176	00:01:45	01:03:57	155m	11'17"/km

37.	174	00:01:19	01:05:16	190m	6'56"/km
38.	179	00:01:58	01:07:14	192m	10'15"/km
39.	255	00:01:17	01:08:31	192m	6'41"/km
40.	999	00:00:32	01:09:03	138m	3'52"/km

