



City O cup 3
BERINGEN MIJN 6.6.2022
K.O.L.

Lieke VAN OPSTAL

K.O.L.

Omloop : D:03

Afstand : 3980m

Tijd : 0:33:54 (8'31"/km)

4/15

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------------|---------|
| 1. Ellen MOLS | 0:30:38 |
| 2. Hanne TIESTERS | 0:30:56 |
| 3. Katja VAN OOSTERWIJCK | 0:31:35 |

1.	187	00:02:24	337m	7'07"/km
2.	167	00:01:59 00:04:23	255m	7'47"/km
3.	209	00:01:27 00:05:50	151m	9'36"/km
4.	183	00:02:10 00:08:00	274m	7'54"/km
5.	156	00:00:41 00:08:41	93m	7'21"/km
6.	173	00:01:16 00:09:57	153m	8'17"/km
7.	171	00:01:39 00:11:36	199m	8'17"/km
8.	203	00:02:05 00:13:41	176m	11'50"/km
9.	200	00:01:21 00:15:02	158m	8'33"/km
10.	199	00:00:00 00:15:02	41m	0'00"/km
11.	207	00:00:55 00:15:57	135m	6'47"/km
12.	158	00:01:37 00:17:34	188m	8'36"/km
13.	195	00:00:58 00:18:32	112m	8'38"/km
14.	184	00:01:43 00:20:15	113m	15'12"/km
15.	198	00:01:14 00:21:29	168m	7'20"/km
16.	191	00:01:16 00:22:45	116m	10'55"/km
17.	192	00:01:39 00:24:24	183m	9'01"/km
18.	208	00:01:29 00:25:53	169m	8'47"/km
19.	186	00:00:54 00:26:47	91m	9'53"/km
20.	206	00:02:52 00:29:39	354m	8'06"/km
21.	202	00:01:07 00:30:46	110m	10'09"/km
22.	162	00:01:08 00:31:54	101m	11'13"/km
23.	189	00:01:02 00:32:56	138m	7'29"/km
24.	999	00:00:58 00:33:54	166m	5'49"/km

Orienteering Software