



**City O cup 3**  
**BERINGEN MIJN 6.6.2022**  
**K.O.L.**

**Natascha SPATHMANN**

K.O.L.

Omloop : D:03

Afstand : 3980m

Tijd : 0:43:40 (10'58"/km)

**11/15**

O.K.

[Volledige uitslagen op Webres](#)

- |                          |         |
|--------------------------|---------|
| 1. Ellen MOLS            | 0:30:38 |
| 2. Hanne TIESTERS        | 0:30:56 |
| 3. Katja VAN OOSTERWIJCK | 0:31:35 |

1.	187	00:04:50		337m	14'21"/km
2.	167	00:02:02	00:06:52	255m	7'58"/km
3.	209	00:01:18	00:08:10	151m	8'37"/km
4.	183	00:02:41	00:10:51	274m	9'48"/km
5.	156	00:00:46	00:11:37	93m	8'15"/km
6.	173	00:04:37	00:16:14	153m	30'10"/km
7.	171	00:01:48	00:18:02	199m	9'03"/km
8.	203	00:01:59	00:20:01	176m	11'16"/km
9.	200	00:01:13	00:21:14	158m	7'42"/km
10.	199	00:00:00	00:21:14	41m	0'00"/km
11.	207	00:00:53	00:22:07	135m	6'33"/km
12.	158	00:01:58	00:24:05	188m	10'28"/km
13.	195	00:00:52	00:24:57	112m	7'44"/km
14.	184	00:01:24	00:26:21	113m	12'23"/km
15.	198	00:01:27	00:27:48	168m	8'38"/km
16.	191	00:01:34	00:29:22	116m	13'30"/km
17.	192	00:01:36	00:30:58	183m	8'45"/km
18.	208	00:01:33	00:32:31	169m	9'10"/km
19.	186	00:00:43	00:33:14	91m	7'53"/km
20.	206	00:05:30	00:38:44	354m	15'32"/km
21.	202	00:01:13	00:39:57	110m	11'04"/km
22.	162	00:01:48	00:41:45	101m	17'49"/km
23.	189	00:00:56	00:42:41	138m	6'46"/km
24.	999	00:00:59	00:43:40	166m	5'55"/km

Orienteering Software