

Alistair FRONHOFFS

ASUB

Circuit : H45

Distance : 5060m (Dénivelé 95m)

Temps : 1:00:14 (11'54"/km)

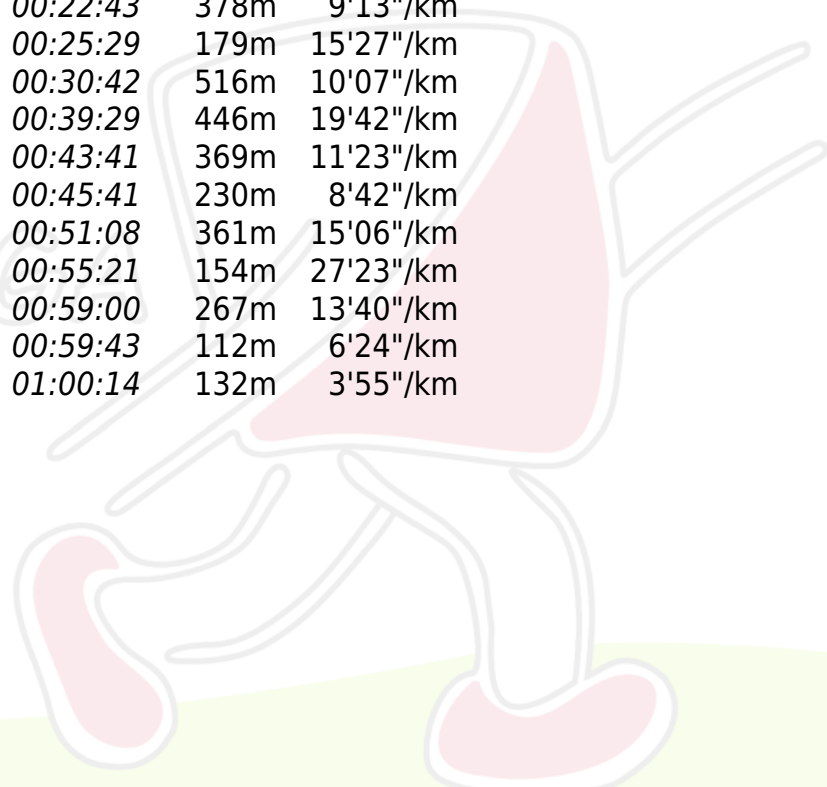
21/34

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Guido LENGES | 0:38:02 |
| 2. Alain MAZY | 0:39:54 |
| 3. Christian VOELLM | 0:40:47 |

1.	86	00:01:22		133m	10'17"/km
2.	115	00:02:36	00:03:58	387m	6'43"/km
3.	116	00:03:15	00:07:13	292m	11'08"/km
4.	82	00:03:29	00:10:42	244m	14'17"/km
5.	96	00:01:53	00:12:35	240m	7'51"/km
6.	119	00:04:05	00:16:40	339m	12'03"/km
7.	120	00:02:34	00:19:14	283m	9'04"/km
8.	130	00:03:29	00:22:43	378m	9'13"/km
9.	76	00:02:46	00:25:29	179m	15'27"/km
10.	144	00:05:13	00:30:42	516m	10'07"/km
11.	126	00:08:47	00:39:29	446m	19'42"/km
12.	127	00:04:12	00:43:41	369m	11'23"/km
13.	97	00:02:00	00:45:41	230m	8'42"/km
14.	79	00:05:27	00:51:08	361m	15'06"/km
15.	80	00:04:13	00:55:21	154m	27'23"/km
16.	139	00:03:39	00:59:00	267m	13'40"/km
17.	100	00:00:43	00:59:43	112m	6'24"/km
18.	999	00:00:31	01:00:14	132m	3'55"/km


Orienteering Software