

Jos HOUBEN

K.O.L.

Circuit : H75

Distance : 3390m (Dénivelé 30m)

Temps : 0:53:56 (15'55"/km)

10/20

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Freddy SILLIEN | 0:28:03 |
| 2. Hervé CABON | 0:33:46 |
| 3. Martin WILSON | 0:36:28 |

1.	215	00:10:51		277m	39'10"/km
2.	189	00:08:45	00:19:36	585m	14'57"/km
3.	233	00:06:18	00:25:54	442m	14'15"/km
4.	186	00:06:25	00:32:19	396m	16'12"/km
5.	234	00:04:29	00:36:48	232m	19'19"/km
6.	208	00:04:45	00:41:33	224m	21'12"/km
7.	243	00:02:33	00:44:06	192m	13'17"/km
8.	242	00:01:25	00:45:31	134m	10'34"/km
9.	237	00:03:56	00:49:27	317m	12'24"/km
10.	238	00:01:26	00:50:53	102m	14'03"/km
11.	100	00:02:17	00:53:10	254m	8'59"/km
12.	999	00:00:46	00:53:56	131m	5'51"/km

HELGA

Orienteering Software