Régionale Urbaine Moyenne Distance
Citadelle de Montmédy 17.9.2022
ASUB

Linda VERBRAKEN
TROL
Circuit : D:Noir Moyen
Distance : 4000m
Temps : 0:50:14 (12'34"/km)

13/37 O.K.

Résultats complets sur Webres

1. Yaëlle MALARD-MOULIERE 0:32:18
2. Aline HERMANS 0:32:29
3. Louise MATTART 0:34:03

1.	87	00:04:54		168m	29'10"/km
2.	93	00:02:04	*00:06:58*	39m	52'59"/km
3.	94	00:00:45	*00:07:43*	82m	9'09"/km
4.	110	00:01:16	*00:08:59*	43m	29'27"/km
5.	95	00:03:15	*00:12:14*	67m	48'30"/km
6.	111	00:01:08	*00:13:22*	92m	12'19"/km
7.	97	00:10:18	*00:23:40*	59m	174'35"/km
8.	55	00:01:43	*00:25:23*	97m	17'42"/km
9.	75	00:03:43	*00:29:06*	193m	19'15"/km
10.	101	00:02:33	*00:31:39*	127m	20'05"/km
11.	57	00:00:58	*00:32:37*	71m	13'37"/km
12.	58	00:01:54	*00:34:31*	75m	25'20"/km
13.	104	00:06:02	*00:40:33*	89m	67'47"/km
14.	84	00:01:12	*00:41:45*	90m	13'20"/km
15.	59	00:01:02	*00:42:47*	138m	7'29"/km
16.	105	00:00:50	*00:43:37*	38m	21'56"/km
17.	113	00:01:57	*00:45:34*	230m	8'29"/km
18.	92	00:02:26	*00:48:00*	33m	73'44"/km
19.	85	00:00:39	*00:48:39*	77m	8'26"/km
20.	78	00:01:01	*00:49:40*	125m	8'08"/km
21.	77	00:00:31	*00:50:11*	83m	6'13"/km
22.	999	00:00:03	*00:50:14*	29m	1'43"/km

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