



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Rachel WINTHAGEN

Hermathenae

Omloop : D:03

Afstand : 5880m

Tijd : 1:39:31 (16'55"/km)

11/13

O.K.

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- | | |
|-----------------------|---------|
| 1. Elisabeth SCHUTJES | 0:54:12 |
| 2. Lieke VAN OPSTAL | 0:57:51 |
| 3. Kiara NIJST | 1:08:06 |

1.	110	00:04:13		316m	13'21"/km
2.	111	00:01:15	00:05:28	83m	15'04"/km
3.	117	00:01:44	00:07:12	142m	12'12"/km
4.	118	00:02:07	00:09:19	123m	17'13"/km
5.	120	00:04:40	00:13:59	252m	18'31"/km
6.	123	00:04:40	00:18:39	325m	14'22"/km
7.	131	00:11:39	00:30:18	426m	27'21"/km
8.	145	00:06:00	00:36:18	511m	11'45"/km
9.	140	00:17:59	00:54:17	294m	61'10"/km
10.	138	00:03:26	00:57:43	223m	15'24"/km
11.	133	00:06:05	01:03:48	483m	12'36"/km
12.	155	00:03:18	01:07:06	246m	13'25"/km
13.	163	00:10:35	01:17:41	864m	12'15"/km
14.	172	00:04:32	01:22:13	323m	14'02"/km
15.	171	00:04:00	01:26:13	381m	10'30"/km
16.	168	00:04:46	01:30:59	218m	21'52"/km
17.	165	00:04:01	01:35:00	282m	14'15"/km
18.	220	00:03:56	01:38:56	303m	12'59"/km
19.	999	00:00:35	01:39:31	89m	6'33"/km

Orienteering Software