Forest cup Hechtelse Duinen Oost
Hechtel 2.10.2022
K.O.L.

An NUYTS
K.O.L.
Omloop : D:05
Afstand : 3680m
Tijd : 0:47:59 (13'02"/km)

2/13 O.K.

Volledige uitslagen op Webres

1. Els PUT 0:41:56
3. Lutgart VANHEES 0:55:17

1.	109	00:02:43		188m	14'27"/km
2.	101	00:02:35	*00:05:18*	196m	13'11"/km
3.	117	00:02:49	*00:08:07*	270m	10'26"/km
4.	114	00:02:03	*00:10:10*	115m	17'50"/km
5.	118	00:01:27	*00:11:37*	112m	12'57"/km
6.	120	00:03:09	*00:14:46*	252m	12'30"/km
7.	121	00:02:13	*00:16:59*	163m	13'36"/km
8.	125	00:04:11	*00:21:10*	319m	13'07"/km
9.	130	00:08:10	*00:29:20*	487m	16'46"/km
10.	132	00:03:35	*00:32:55*	352m	10'11"/km
11.	158	00:04:09	*00:37:04*	381m	10'54"/km
12.	162	00:05:17	*00:42:21*	361m	14'38"/km
13.	164	00:03:55	*00:46:16*	251m	15'36"/km
14.	220	00:01:06	*00:47:22*	148m	7'26"/km
15.	999	00:00:37	*00:47:59*	89m	6'56"/km

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