



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Adrie VAN OPSTAL

K.O.L.

Omloop : H:03

Afstand : 5880m

Tijd : 0:55:51 (9'30"/km)

6/40

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------------|---------|
| 1. Roel VAN DE MOORTELE | 0:48:22 |
| 2. Andre DE VEIRMAN | 0:48:44 |
| 3. Luc MELIS | 0:49:35 |

1.	110	00:02:50		316m	8'58"/km
2.	111	00:00:41	00:03:31	83m	8'14"/km
3.	117	00:01:01	00:04:32	142m	7'10"/km
4.	118	00:01:05	00:05:37	123m	8'48"/km
5.	120	00:01:57	00:07:34	252m	7'44"/km
6.	123	00:03:23	00:10:57	325m	10'25"/km
7.	131	00:03:07	00:14:04	426m	7'19"/km
8.	145	00:04:00	00:18:04	511m	7'50"/km
9.	140	00:03:03	00:21:07	294m	10'22"/km
10.	138	00:01:53	00:23:00	223m	8'27"/km
11.	133	00:03:26	00:26:26	483m	7'07"/km
12.	155	00:02:03	00:28:29	246m	8'20"/km
13.	163	00:06:39	00:35:08	864m	7'42"/km
14.	172	00:03:37	00:38:45	323m	11'12"/km
15.	171	00:03:54	00:42:39	381m	10'14"/km
16.	168	00:07:02	00:49:41	218m	32'16"/km
17.	165	00:03:23	00:53:04	282m	12'00"/km
18.	220	00:02:19	00:55:23	303m	7'39"/km
19.	999	00:00:28	00:55:51	89m	5'15"/km

Orienteering Software