



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Hennie KENNIS

Olifant

Omloop : H:03

Afstand : 5880m

Tijd : 0:56:03 (9'32"/km)

7/40

O.K.

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|-----------------------|---------|
| 1. Roel VAN DE MOORTE | 0:48:22 |
| 2. Andre DE VEIRMAN | 0:48:44 |
| 3. Luc MELIS | 0:49:35 |

1.	110	00:03:23		316m	10'42"/km
2.	111	00:00:46	00:04:09	83m	9'14"/km
3.	117	00:01:09	00:05:18	142m	8'06"/km
4.	118	00:02:00	00:07:18	123m	16'16"/km
5.	120	00:02:22	00:09:40	252m	9'23"/km
6.	123	00:02:51	00:12:31	325m	8'46"/km
7.	131	00:03:58	00:16:29	426m	9'19"/km
8.	145	00:05:13	00:21:42	511m	10'13"/km
9.	140	00:04:47	00:26:29	294m	16'16"/km
10.	138	00:02:51	00:29:20	223m	12'47"/km
11.	133	00:03:38	00:32:58	483m	7'31"/km
12.	155	00:02:06	00:35:04	246m	8'32"/km
13.	163	00:07:05	00:42:09	864m	8'12"/km
14.	172	00:03:01	00:45:10	323m	9'20"/km
15.	171	00:03:13	00:48:23	381m	8'27"/km
16.	168	00:02:33	00:50:56	218m	11'42"/km
17.	165	00:02:20	00:53:16	282m	8'16"/km
18.	220	00:02:23	00:55:39	303m	7'52"/km
19.	999	00:00:24	00:56:03	89m	4'30"/km

Orienteering Software