



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Thor DE MITS

TROL

Omloop : H:03

Afstand : 5880m

Tijd : 1:14:40 (12'42"/km)

26/40

O.K.

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- | | |
|-------------------------|---------|
| 1. Roel VAN DE MOORTELE | 0:48:22 |
| 2. Andre DE VEIRMAN | 0:48:44 |
| 3. Luc MELIS | 0:49:35 |

1.	110	00:03:50		316m	12'08"/km
2.	111	00:00:42	00:04:32	83m	8'26"/km
3.	116	00:00:39	00:05:11		
4.	117	00:00:56	00:06:07		
5.	118	00:01:35	00:07:42	123m	12'52"/km
6.	120	00:05:46	00:13:28	252m	22'53"/km
7.	123	00:04:58	00:18:26	325m	15'17"/km
8.	131	00:05:11	00:23:37	426m	12'10"/km
9.	145	00:05:40	00:29:17	511m	11'05"/km
10.	141	00:03:59	00:33:16		
11.	140	00:00:30	00:33:46		
12.	138	00:02:32	00:36:18	223m	11'22"/km
13.	133	00:05:57	00:42:15	483m	12'19"/km
14.	155	00:08:30	00:50:45	246m	34'33"/km
15.	163	00:08:19	00:59:04	864m	9'38"/km
16.	172	00:03:15	01:02:19	323m	10'04"/km
17.	171	00:03:39	01:05:58	381m	9'35"/km
18.	168	00:02:53	01:08:51	218m	13'14"/km
19.	165	00:02:51	01:11:42	282m	10'06"/km
20.	220	00:02:39	01:14:21	303m	8'45"/km
21.	999	00:00:19	01:14:40	89m	3'33"/km

Orienteering Software