



**SLOK**  
**Arenberg Leuven 17.10.2022**  
**Individual (BE)**

**Laurence DEFRAIGNE**

ASUB

Course : D:WOMAN

Distance : 4800m

Time : 0:46:38 (9'43"/km)

**4/27**

O.K.

[Full result on Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Julia KREKELS   | 0:35:09 |
| 2. Laurine HERMAN  | 0:38:45 |
| 3. Gaelle FRONHOFS | 0:40:14 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 56  | 00:01:21 |          | 183m | 7'23"/km  |
| 2.  | 31  | 00:01:10 | 00:02:31 | 90m  | 12'58"/km |
| 3.  | 32  | 00:00:53 | 00:03:24 | 97m  | 9'06"/km  |
| 4.  | 34  | 00:01:42 | 00:05:06 | 201m | 8'27"/km  |
| 5.  | 37  | 00:01:23 | 00:06:29 | 185m | 7'29"/km  |
| 6.  | 36  | 00:01:51 | 00:08:20 | 104m | 17'47"/km |
| 7.  | 58  | 00:03:38 | 00:11:58 | 457m | 7'57"/km  |
| 8.  | 39  | 00:01:25 | 00:13:23 | 106m | 13'22"/km |
| 9.  | 53  | 00:05:18 | 00:18:41 | 332m | 15'58"/km |
| 10. | 41  | 00:03:14 | 00:21:55 | 182m | 17'46"/km |
| 11. | 42  | 00:02:45 | 00:24:40 | 118m | 23'18"/km |
| 12. | 44  | 00:02:29 | 00:27:09 | 342m | 7'16"/km  |
| 13. | 57  | 00:02:07 | 00:29:16 | 298m | 7'06"/km  |
| 14. | 47  | 00:02:03 | 00:31:19 | 192m | 10'41"/km |
| 15. | 46  | 00:01:04 | 00:32:23 | 122m | 8'45"/km  |
| 16. | 45  | 00:02:36 | 00:34:59 | 292m | 8'54"/km  |
| 17. | 49  | 00:01:29 | 00:36:28 | 184m | 8'04"/km  |
| 18. | 43  | 00:03:12 | 00:39:40 | 292m | 10'58"/km |
| 19. | 40  | 00:01:34 | 00:41:14 | 224m | 7'00"/km  |
| 20. | 59  | 00:01:47 | 00:43:01 | 246m | 7'15"/km  |
| 21. | 48  | 00:02:28 | 00:45:29 | 353m | 6'59"/km  |
| 22. | 51  | 00:00:56 | 00:46:25 | 158m | 5'54"/km  |
| 23. | 999 | 00:00:13 | 00:46:38 | 42m  | 5'10"/km  |

Orienteering Software