



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Emma MAES

K.O.L.

Course : D-20

Distance : 3480m

Time : 0:34:56 (10'02"/km)

3/4

O.K.

[Full result on Webres](#)

- | | |
|-----------------------|---------|
| 1. Gaëlle FRONHOFFS | 0:29:17 |
| 2. Laurence DEFRAIGNE | 0:29:36 |

1.	101	00:01:41		214m	7'52"/km
2.	147	00:00:36	00:02:17	91m	6'36"/km
3.	102	00:00:35	00:02:52	80m	7'18"/km
4.	114	00:01:03	00:03:55	140m	7'30"/km
5.	103	00:01:08	00:05:03	78m	14'32"/km
6.	200	00:00:43	00:05:46	87m	8'14"/km
7.	106	00:02:40	00:08:26	229m	11'39"/km
8.	112	00:01:22	00:09:48	144m	9'29"/km
9.	153	00:01:07	00:10:55	137m	8'09"/km
10.	109	00:00:49	00:11:44	76m	10'45"/km
11.	108	00:01:43	00:13:27	159m	10'48"/km
12.	200	00:01:19	00:14:46	146m	9'01"/km
13.	131	00:02:03	00:16:49	292m	7'01"/km
14.	127	00:02:12	00:19:01	234m	9'24"/km
15.	119	00:01:02	00:20:03	63m	16'24"/km
16.	133	00:00:47	00:20:50	43m	18'13"/km
17.	118	00:01:22	00:22:12	85m	16'05"/km
18.	117	00:00:58	00:23:10	109m	8'52"/km
19.	162	00:02:16	00:25:26	163m	13'54"/km
20.	116	00:01:29	00:26:55	187m	7'56"/km
21.	122	00:01:28	00:28:23	108m	13'35"/km
22.	121	00:01:13	00:29:36	90m	13'31"/km
23.	130	00:00:45	00:30:21	71m	10'34"/km
24.	123	00:00:32	00:30:53	58m	9'12"/km
25.	124	00:01:02	00:31:55	67m	15'25"/km
26.	125	00:01:15	00:33:10	94m	13'18"/km
27.	141	00:01:01	00:34:11	108m	9'25"/km
28.	220	00:00:31	00:34:42	66m	7'50"/km
29.	999	00:00:14	00:34:56	56m	4'10"/km

Orienteering Software