



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Regis VANSCHUYTBROECK

Pégase CO

Course : H-16

Distance : 3240m

Time : 0:24:53 (7'41"/km)

3/18

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Nathan MOTHERON | 0:23:42 |
| 2. Torben AERDEN | 0:24:36 |

1.	156	00:00:42		85m	8'14"/km
2.	114	00:00:42	00:01:24	85m	8'14"/km
3.	103	00:00:46	00:02:10	78m	9'50"/km
4.	200	00:00:32	00:02:42	87m	6'08"/km
5.	108	00:00:57	00:03:39	146m	6'30"/km
6.	112	00:00:37	00:04:16	84m	7'20"/km
7.	109	00:00:44	00:05:00	104m	7'03"/km
8.	110	00:00:35	00:05:35	110m	5'18"/km
9.	111	00:00:47	00:06:22	124m	6'19"/km
10.	150	00:00:53	00:07:15	154m	5'44"/km
11.	106	00:00:40	00:07:55	115m	5'48"/km
12.	107	00:00:22	00:08:17	50m	7'20"/km
13.	155	00:01:00	00:09:17	101m	9'54"/km
14.	200	00:00:50	00:10:07	117m	7'07"/km
15.	143	00:01:55	00:12:02	139m	13'47"/km
16.	102	00:00:41	00:12:43	91m	7'31"/km
17.	138	00:00:11	00:12:54	34m	5'24"/km
18.	162	00:01:30	00:14:24	226m	6'38"/km
19.	116	00:01:02	00:15:26	187m	5'32"/km
20.	161	00:00:45	00:16:11	68m	11'02"/km
21.	152	00:01:43	00:17:54	206m	8'20"/km
22.	118	00:00:39	00:18:33	77m	8'26"/km
23.	119	00:01:13	00:19:46	98m	12'25"/km
24.	122	00:01:30	00:21:16	208m	7'13"/km
25.	124	00:00:49	00:22:05	102m	8'00"/km
26.	139	00:00:41	00:22:46	66m	10'21"/km
27.	140	00:00:36	00:23:22	62m	9'41"/km
28.	141	00:00:51	00:24:13	120m	7'05"/km
29.	220	00:00:31	00:24:44	66m	7'50"/km
30.	999	00:00:09	00:24:53	56m	2'41"/km