



## NORTH SEA TROPHY 2022 - DAY 2

KOKSIJDE DE STER 12.11.2022

K.O.L.

**Ronald SOMERS**

K.O.L.

Course : H40

Distance : 7010m

Time : 0:53:35 (7'39"/km)

**10/18**

O.K.

[Full result on Webres](#)

|                    |         |
|--------------------|---------|
| 1. Serguei SMIRNOV | 0:40:40 |
| 2. Jo LINTEN       | 0:45:21 |
| 3. Tom MARIEN      | 0:46:33 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 193 | 00:00:46 |          | 70m  | 10'57"/km |
| 2.  | 192 | 00:01:31 | 00:02:17 | 236m | 6'26"/km  |
| 3.  | 232 | 00:02:05 | 00:04:22 | 116m | 17'58"/km |
| 4.  | 233 | 00:01:29 | 00:05:51 | 184m | 8'04"/km  |
| 5.  | 172 | 00:03:38 | 00:09:29 | 589m | 6'10"/km  |
| 6.  | 236 | 00:01:46 | 00:11:15 | 258m | 6'51"/km  |
| 7.  | 218 | 00:02:30 | 00:13:45 | 390m | 6'25"/km  |
| 8.  | 237 | 00:01:23 | 00:15:08 | 192m | 7'12"/km  |
| 9.  | 214 | 00:01:52 | 00:17:00 | 229m | 8'09"/km  |
| 10. | 178 | 00:04:52 | 00:21:52 | 673m | 7'14"/km  |
| 11. | 175 | 00:01:29 | 00:23:21 | 228m | 6'30"/km  |
| 12. | 174 | 00:01:18 | 00:24:39 | 201m | 6'28"/km  |
| 13. | 173 | 00:01:52 | 00:26:31 | 158m | 11'49"/km |
| 14. | 212 | 00:02:00 | 00:28:31 | 290m | 6'54"/km  |
| 15. | 213 | 00:00:48 | 00:29:19 | 109m | 7'20"/km  |
| 16. | 231 | 00:01:43 | 00:31:02 | 215m | 7'59"/km  |
| 17. | 190 | 00:01:00 | 00:32:02 | 142m | 7'03"/km  |
| 18. | 180 | 00:01:40 | 00:33:42 | 177m | 9'25"/km  |
| 19. | 182 | 00:02:15 | 00:35:57 | 220m | 10'14"/km |
| 20. | 181 | 00:01:15 | 00:37:12 | 142m | 8'48"/km  |
| 21. | 225 | 00:00:56 | 00:38:08 | 106m | 8'48"/km  |
| 22. | 61  | 00:03:35 | 00:41:43 | 447m | 8'01"/km  |
| 23. | 200 | 00:02:02 | 00:43:45 | 244m | 8'20"/km  |
| 24. | 199 | 00:01:16 | 00:45:01 | 185m | 6'51"/km  |
| 25. | 226 | 00:02:46 | 00:47:47 | 351m | 7'53"/km  |
| 26. | 216 | 00:00:47 | 00:48:34 | 82m  | 9'33"/km  |
| 27. | 187 | 00:01:47 | 00:50:21 | 235m | 7'35"/km  |
| 28. | 208 | 00:00:28 | 00:50:49 | 66m  | 7'04"/km  |
| 29. | 203 | 00:01:45 | 00:52:34 | 270m | 6'29"/km  |
| 30. | 220 | 00:00:45 | 00:53:19 | 131m | 5'44"/km  |
| 31. | 999 | 00:00:16 | 00:53:35 | 92m  | 2'54"/km  |