Regionale
Hamont 20.11.2022
hamok

Jos THYS
hamok
Omloop : H:05
Afstand : 3420m
Tijd : 0:59:20 (17'21"/km)

6/13 O.K.

Volledige uitslagen op Webres

1. Rogier VANAKEN 0:41:04
2. Ferdy NIJST 0:46:58
3. Jos HOUBEN 0:48:25

1.	66	00:01:16		103m	12'18"/km
2.	78	00:01:38	*00:02:54*	153m	10'41"/km
3.	59	00:01:53	*00:04:47*	132m	14'16"/km
4.	58	00:02:34	*00:07:21*	155m	16'34"/km
5.	74	00:02:20	*00:09:41*	164m	14'14"/km
6.	76	00:02:20	*00:12:01*	178m	13'07"/km
7.	67	00:04:15	*00:16:16*	199m	21'21"/km
8.	51	00:02:15	*00:18:31*	150m	15'00"/km
9.	61	00:02:55	*00:21:26*	187m	15'36"/km
10.	50	00:02:34	*00:24:00*	210m	12'13"/km
11.	42	00:04:26	*00:28:26*	308m	14'24"/km
12.	41	00:01:57	*00:30:23*	93m	20'58"/km
13.	40	00:02:11	*00:32:34*	149m	14'39"/km
14.	39	00:05:43	*00:38:17*	137m	41'44"/km
15.	38	00:03:23	*00:41:40*	223m	15'10"/km
16.	37	00:02:37	*00:44:17*	166m	15'46"/km
17.	63	00:01:42	*00:45:59*	108m	15'44"/km
18.	35	00:04:30	*00:50:29*	242m	18'36"/km
19.	86	00:04:21	*00:54:50*	170m	25'35"/km
20.	34	00:01:01	*00:55:51*	77m	13'12"/km
21.	64	00:02:43	*00:58:34*	145m	18'44"/km
22.	999	00:00:46	*00:59:20*	63m	12'10"/km

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