BOC#03 - Double-Sprint - Sprint 01 Alma
Woluwe Saint-Lambert 4.12.2022
ASUB

Joris KINT
Antwerp Orienteers
Circuit : H:Noir Long
Distance : 3300m (Dénivelé 15m)
Temps : 0:40:07 (12'09"/km)

22/38 O.K.

Résultats complets sur Webres

1. Warre DE CUYPER 0:21:37
2. Clément DEMEUSE 0:22:23
3. Thomas GILLET 0:23:21

1.	166	00:03:01		44m	68'34"/km
2.	167	00:01:10	*00:04:11*	86m	13'34"/km
3.	168	00:00:46	*00:04:57*	39m	19'39"/km
4.	169	00:00:48	*00:05:45*	51m	15'41"/km
5.	170	00:01:32	*00:07:17*	131m	11'42"/km
6.	171	00:01:00	*00:08:17*	76m	13'09"/km
7.	172	00:01:47	*00:10:04*	136m	13'07"/km
8.	173	00:01:18	*00:11:22*	154m	8'26"/km
9.	174	00:00:32	*00:11:54*	56m	9'31"/km
10.	175	00:00:49	*00:12:43*	105m	7'47"/km
11.	176	00:02:56	*00:15:39*	89m	32'58"/km
12.	177	00:01:59	*00:17:38*	64m	30'59"/km
13.	178	00:00:51	*00:18:29*	52m	16'21"/km
14.	179	00:01:46	*00:20:15*	165m	10'42"/km
15.	180	00:00:32	*00:20:47*	88m	6'04"/km
16.	181	00:00:39	*00:21:26*	90m	7'13"/km
17.	182	00:01:13	*00:22:39*	89m	13'40"/km
18.	183	00:00:37	*00:23:16*	40m	15'25"/km
19.	184	00:00:52	*00:24:08*	55m	15'45"/km
20.	185	00:00:53	*00:25:01*	113m	7'49"/km
21.	186	00:00:30	*00:25:31*	94m	5'19"/km
22.	187	00:01:26	*00:26:57*	122m	11'45"/km
23.	188	00:00:46	*00:27:43*	88m	8'43"/km
24.	189	00:01:00	*00:28:43*	163m	6'08"/km
25.	190	00:02:44	*00:31:27*	245m	11'09"/km
26.	191	00:00:31	*00:31:58*	114m	4'32"/km
27.	192	00:01:58	*00:33:56*	233m	8'26"/km
28.	193	00:01:10	*00:35:06*	92m	12'41"/km
29.	194	00:01:19	*00:36:25*	107m	12'18"/km
30.	195	00:00:53	*00:37:18*	33m	26'46"/km
31.	196	00:02:51	*00:40:09*	166m	17'10"/km
32.	999	00:00:00	*00:40:09*	78m	0'00"/km

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