



Regionale Lilse bergen

LILLE 15.1.2023

K.O.L.

Koen CROONS

Omega

Omloop : H:03

Afstand : 5700m

Tijd : 1:12:04 (12'39"/km)

33/42

O.K.

[Volledige uitslagen op Webres](#)

1. Bob DE CLEENE	0:42:16
2. Klaas MELLEBECK	0:42:38
3. Guido TIMMERS	0:43:56

1.	147	00:04:49		283m	17'01"/km
2.	139	00:02:34	00:07:23	218m	11'46"/km
3.	172	00:03:57	00:11:20	443m	8'55"/km
4.	161	00:04:49	00:16:09	539m	8'56"/km
5.	157	00:05:15	00:21:24	405m	12'58"/km
6.	110	00:05:22	00:26:46	507m	10'35"/km
7.	154	00:03:02	00:29:48	297m	10'13"/km
8.	113	00:03:18	00:33:06	252m	13'06"/km
9.	145	00:04:09	00:37:15	308m	13'28"/km
10.	141	00:04:50	00:42:05	456m	10'36"/km
11.	118	00:02:11	00:44:16	261m	8'22"/km
12.	119	00:03:15	00:47:31	325m	10'00"/km
13.	103	00:06:09	00:53:40	390m	15'46"/km
14.	132	00:01:32	00:55:12	97m	15'48"/km
15.	131	00:01:40	00:56:52	166m	10'02"/km
16.	120	00:05:46	01:02:38	146m	39'30"/km
17.	102	00:03:36	01:06:14	178m	20'13"/km
18.	122	00:02:47	01:09:01	189m	14'44"/km
19.	134	00:00:54	01:09:55		
20.	123	00:00:59	01:10:54		
21.	999	00:01:10	01:12:04	103m	11'20"/km

Orienteering Software