



Ijzeren Paal

Lommel 22.1.2023

Omega

Emma MAES

K.O.L.

Omloop : D:03

Afstand : 5540m

Tijd : 1:11:13 (12'51"/km)

6/9

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|---------|
| 1. Marieke ADDIERS | 0:56:52 |
| 2. Marijs VANDEWEYER | 1:01:06 |
| 3. Hilde KROLS | 1:05:17 |

1.	139	00:04:30		359m	12'32"/km
2.	140	00:03:15	00:07:45	310m	10'29"/km
3.	137	00:03:51	00:11:36	403m	9'33"/km
4.	120	00:01:20	00:12:56	132m	10'06"/km
5.	141	00:04:01	00:16:57	369m	10'53"/km
6.	142	00:04:46	00:21:43	377m	12'39"/km
7.	126	00:08:01	00:29:44	174m	46'04"/km
8.	143	00:11:02	00:40:46	1011m	10'55"/km
9.	123	00:04:41	00:45:27	342m	13'42"/km
10.	128	00:03:55	00:49:22	315m	12'26"/km
11.	145	00:05:59	00:55:21	410m	14'36"/km
12.	146	00:02:02	00:57:23	139m	14'38"/km
13.	131	00:02:47	01:00:10	206m	13'31"/km
14.	147	00:03:46	01:03:56	297m	12'41"/km
15.	170	00:06:43	01:10:39	594m	11'18"/km
16.	999	00:00:34	01:11:13	106m	5'21"/km

Orienteering Software