



Valentijn - Forest Cup - BUSF

Lommel Sahara 12.2.2023

K.O.L.

Bob DE CLEENE

TROL

Omloop : H:03

Afstand : 5500m

Tijd : 0:36:12 (6'35"/km)

1/41

O.K.

[Volledige uitslagen op Webres](#)

2. Thomas JANSEN 0:36:17
3. Rudy ROOMAN 0:39:07

1.	106	00:03:00		400m	7'30"/km
2.	134	00:06:09	00:09:09	897m	6'51"/km
3.	112	00:01:39	00:10:48	324m	5'06"/km
4.	114	00:01:52	00:12:40	331m	5'38"/km
5.	115	00:01:13	00:13:53	90m	13'31"/km
6.	113	00:01:14	00:15:07	216m	5'43"/km
7.	119	00:01:22	00:16:29	262m	5'13"/km
8.	118	00:01:09	00:17:38	207m	5'33"/km
9.	122	00:01:05	00:18:43	143m	7'35"/km
10.	116	00:01:02	00:19:45	190m	5'26"/km
11.	162	00:01:06	00:20:51	156m	7'03"/km
12.	155	00:03:41	00:24:32	615m	5'59"/km
13.	152	00:01:38	00:26:10	282m	5'48"/km
14.	150	00:00:47	00:26:57	93m	8'25"/km
15.	146	00:01:02	00:27:59	189m	5'28"/km
16.	158	00:03:19	00:31:18	281m	11'48"/km
17.	137	00:01:01	00:32:19	170m	5'59"/km
18.	140	00:00:27	00:32:46	80m	5'38"/km
19.	157	00:01:36	00:34:22	217m	7'22"/km
20.	148	00:01:13	00:35:35	185m	6'35"/km
21.	220	00:00:22	00:35:57	84m	4'22"/km
22.	999	00:00:15	00:36:12	87m	2'52"/km

Orienteering Software