



Lenteloop - Park Molenheide

Helchteren 19.4.2023

Omega

Pawel PRUSKOWSKI

K.O.L.

Omloop : H:01

Afstand : 5630m

Tijd : 0:46:11 (8'12"/km)

17/27

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------|---------|
| 1. Lennert LENS | 0:31:43 |
| 2. Kim JANSEN | 0:32:48 |
| 3. Jeremy GENAR | 0:33:11 |

1.	71	00:01:38		224m	7'17"/km
2.	72	00:01:09	00:02:47	155m	7'25"/km
3.	73	00:01:25	00:04:12	247m	5'44"/km
4.	74	00:01:19	00:05:31	200m	6'35"/km
5.	75	00:02:22	00:07:53	416m	5'41"/km
6.	76	00:01:15	00:09:08	117m	10'41"/km
7.	77	00:03:27	00:12:35	103m	33'30"/km
8.	96	00:00:34	00:13:09	76m	7'27"/km
9.	78	00:01:51	00:15:00	213m	8'41"/km
10.	79	00:02:58	00:17:58	417m	7'07"/km
11.	80	00:02:12	00:20:10	336m	6'33"/km
12.	81	00:01:10	00:21:20	164m	7'07"/km
13.	82	00:04:37	00:25:57	166m	27'49"/km
14.	83	00:01:24	00:27:21	240m	5'50"/km
15.	84	00:01:38	00:28:59	282m	5'48"/km
16.	85	00:01:29	00:30:28	143m	10'22"/km
17.	104	00:01:56	00:32:24	73m	26'29"/km
18.	86	00:00:53	00:33:17	82m	10'46"/km
19.	87	00:01:06	00:34:23	220m	5'00"/km
20.	89	00:02:18	00:36:41	366m	6'17"/km
21.	93	00:00:39	00:37:20	101m	6'26"/km
22.	92	00:01:43	00:39:03	282m	6'05"/km
23.	90	00:00:42	00:39:45	88m	7'57"/km
24.	91	00:04:47	00:44:32	624m	7'40"/km
25.	103	00:01:29	00:46:01	267m	5'33"/km
26.	999	00:00:10	00:46:11	27m	6'10"/km

Orienteering Software