



# Lenteloop - Park Molenheide

Helchteren 19.4.2023

Omega

**Ferdinand GEBOERS**

K.O.L.

Omloop : H:01

Afstand : 5630m

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niet geklasseerd

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- |                 |         |
|-----------------|---------|
| 1. Lennert LENS | 0:31:43 |
| 2. Kim JANSEN   | 0:32:48 |
| 3. Jeremy GENAR | 0:33:11 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 71  | 00:01:39 |          | 224m | 7'22"/km  |
| 2.  | 72  | 00:01:21 | 00:03:00 | 155m | 8'43"/km  |
| 3.  | 73  | 00:01:53 | 00:04:53 | 247m | 7'37"/km  |
| 4.  | 74  | 00:01:26 | 00:06:19 | 200m | 7'10"/km  |
| 5.  | 75  | 00:03:00 | 00:09:19 | 416m | 7'13"/km  |
| 6.  | 76  | 00:01:30 | 00:10:49 | 117m | 12'49"/km |
| 7.  | 77  | 00:01:24 | 00:12:13 | 103m | 13'36"/km |
| 8.  | 96  | 00:00:42 | 00:12:55 | 76m  | 9'13"/km  |
| 9.  | 78  | 00:02:05 | 00:15:00 | 213m | 9'47"/km  |
| 10. | 79  | 00:03:14 | 00:18:14 | 417m | 7'45"/km  |
| 11. | 80  | 00:03:15 | 00:21:29 | 336m | 9'40"/km  |
| 12. | 81  | 00:01:15 | 00:22:44 | 164m | 7'37"/km  |
| 13. | 82  | 00:01:12 | 00:23:56 | 166m | 7'14"/km  |
| 14. | 83  | 00:01:40 | 00:25:36 | 240m | 6'57"/km  |
| 15. | 84  | 00:01:54 | 00:27:30 | 282m | 6'44"/km  |
| 16. | 85  | 00:01:29 | 00:28:59 | 143m | 10'22"/km |
| 17. | 86  | 00:02:13 | 00:31:12 |      |           |
| 18. | 87  | 00:01:42 | 00:32:54 | 220m | 7'44"/km  |
| 19. | 89  | 00:02:56 | 00:35:50 | 366m | 8'01"/km  |
| 20. | 93  | 00:00:54 | 00:36:44 | 101m | 8'55"/km  |
| 21. | 92  | 00:02:10 | 00:38:54 | 282m | 7'41"/km  |
| 22. | 90  | 00:00:47 | 00:39:41 | 88m  | 8'54"/km  |
| 23. | 91  | 00:05:02 | 00:44:43 | 624m | 8'04"/km  |
| 24. | 103 | 00:02:12 | 00:46:55 | 267m | 8'14"/km  |
| 25. | 999 | 00:00:11 | 00:47:06 | 27m  | 6'47"/km  |

Orienteering Software