



Mix Sprintaflossing

Hoogstraten Oost 23.4.2023

TROL

Andre & Hendrik PLETTENBERG BAY

Indiv.

Omloop : -

Afstand : 5520m

Tijd : 0:34:03,613 (6'10"/km)

13/49

O.K.

[Volledige uitslagen op Webres](#)

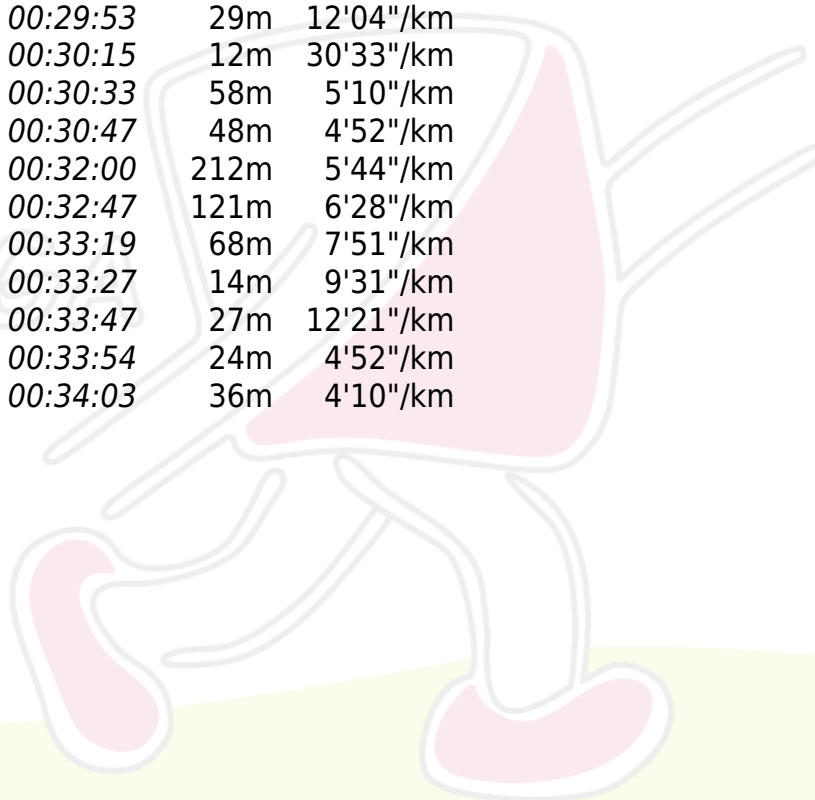
1. Rune & Tille RUNE TILLE THE END! 0:25:57,277
2. Liam & Hannah THIELSKES 0:26:57,011
3. Willem & Sarah GEOGRAFEN OP EXCURSIE 0:27:26,222

1.	74	00:01:02		172m	6'00"/km
2.	160	00:00:31	00:01:33	72m	7'11"/km
3.	164	00:00:30	00:02:03	74m	6'45"/km
4.	146	00:00:52	00:02:55	53m	16'21"/km
5.	90	00:00:31	00:03:26	70m	7'23"/km
6.	87	00:00:27	00:03:53	40m	11'15"/km
7.	169	00:00:16	00:04:09	31m	8'36"/km
8.	138	00:00:18	00:04:27	58m	5'10"/km
9.	91	00:00:26	00:04:53	73m	5'56"/km
10.	94	00:01:13	00:06:06	190m	6'24"/km
11.	96	00:00:14	00:06:20		
12.	93	00:00:25	00:06:45	78m	5'21"/km
13.	98	00:00:27	00:07:12	68m	6'37"/km
14.	102	00:00:29	00:07:41	22m	21'58"/km
15.	117	00:00:20	00:08:01		
16.	104	00:00:27	00:08:28		
17.	107	00:00:05	00:08:33	18m	4'38"/km
18.	159	00:01:29	00:10:02	190m	7'48"/km
19.	163	00:00:39	00:10:41	66m	9'51"/km
20.	146	00:01:08	00:11:49	114m	9'56"/km
21.	166	00:00:13	00:12:02	34m	6'22"/km
22.	87	00:00:39	00:12:41		
23.	88	00:00:34	00:13:15		
24.	169	00:00:26	00:13:41	25m	17'20"/km
25.	138	00:00:18	00:13:59	58m	5'10"/km
26.	92	00:00:20	00:14:19	73m	4'34"/km
27.	94	00:01:04	00:15:23	165m	6'28"/km
28.	93	00:00:42	00:16:05	95m	7'22"/km
29.	110	00:00:28	00:16:33	65m	7'11"/km
30.	114	00:00:18	00:16:51		
31.	100	00:00:06	00:16:57		
32.	103	00:00:21	00:17:18	33m	10'36"/km
33.	107	00:00:12	00:17:30	30m	6'40"/km
34.	144	00:01:24	00:18:54	225m	6'13"/km
35.	147	00:00:46	00:19:40		
36.	146	00:00:50	00:20:30		



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37.	167	00:00:22	00:20:52	48m	7'38"/km
38.	87	00:00:37	00:21:29	52m	11'52"/km
39.	169	00:00:14	00:21:43	31m	7'32"/km
40.	138	00:00:19	00:22:02	58m	5'28"/km
41.	108	00:00:27	00:22:29	83m	5'25"/km
42.	96	00:01:08	00:23:37	182m	6'14"/km
43.	93	00:00:27	00:24:04	78m	5'46"/km
44.	98	00:00:27	00:24:31	68m	6'37"/km
45.	101	00:00:11	00:24:42	14m	13'06"/km
46.	105	00:00:16	00:24:58	21m	12'42"/km
47.	107	00:00:10	00:25:08	31m	5'23"/km
48.	155	00:01:47	00:26:55	214m	8'20"/km
49.	147	00:00:53	00:27:48	79m	11'11"/km
50.	164	00:00:17	00:28:05	37m	7'39"/km
51.	146	00:00:43	00:28:48	53m	13'31"/km
52.	85	00:00:44	00:29:32	63m	11'38"/km
53.	89	00:00:21	00:29:53	29m	12'04"/km
54.	169	00:00:22	00:30:15	12m	30'33"/km
55.	138	00:00:18	00:30:33	58m	5'10"/km
56.	109	00:00:14	00:30:47	48m	4'52"/km
57.	97	00:01:13	00:32:00	212m	5'44"/km
58.	93	00:00:47	00:32:47	121m	6'28"/km
59.	98	00:00:32	00:33:19	68m	7'51"/km
60.	99	00:00:08	00:33:27	14m	9'31"/km
61.	106	00:00:20	00:33:47	27m	12'21"/km
62.	107	00:00:07	00:33:54	24m	4'52"/km
63.	999	00:00:09	00:34:03	36m	4'10"/km



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