



City O Cup 1 - 2023
MEERHOUT 30.4.2023
K.O.L.

Frederik LOECKX

Omega

Omloop : H:02

Afstand : 4510m

Tijd : 0:30:08 (6'41"/km)

1/27

O.K.

[Volledige uitslagen op Webres](#)

2. Roland VAN LOON 0:31:55
3. Roel SMOLDERS 0:34:39

1.	160	00:01:18		128m	10'09"/km
2.	163	00:01:15	00:02:33	283m	4'25"/km
3.	173	00:02:39	00:05:12	208m	12'44"/km
4.	175	00:01:33	00:06:45	163m	9'31"/km
5.	178	00:01:32	00:08:17	145m	10'34"/km
6.	182	00:01:51	00:10:08	238m	7'46"/km
7.	187	00:02:05	00:12:13	389m	5'21"/km
8.	188	00:00:00	00:12:13	82m	0'00"/km
9.	194	00:01:30	00:13:43	263m	5'42"/km
10.	197	00:01:19	00:15:02	47m	28'01"/km
11.	198	00:00:28	00:15:30	90m	5'11"/km
12.	204	00:03:00	00:18:30	399m	7'31"/km
13.	207	00:01:12	00:19:42	236m	5'05"/km
14.	208	00:00:00	00:19:42	23m	0'00"/km
15.	210	00:01:45	00:21:27	352m	4'58"/km
16.	211	00:02:13	00:23:40	320m	6'56"/km
17.	213	00:01:37	00:25:17	297m	5'27"/km
18.	214	00:00:00	00:25:17	22m	0'00"/km
19.	199	00:01:02	00:26:19	125m	8'16"/km
20.	192	00:00:57	00:27:16	207m	4'35"/km
21.	189	00:01:18	00:28:34	174m	7'28"/km
22.	200	00:00:50	00:29:24	117m	7'07"/km
23.	220	00:00:30	00:29:54	81m	6'10"/km
24.	999	00:00:14	00:30:08	75m	3'07"/km

Orienteering Software