



City O Cup 1 - 2023

MEERHOUT 30.4.2023

K.O.L.

Dirk GORIS

K.O.L.

Omloop : H:02

Afstand : 4510m

Tijd : 0:38:03 (8'26"/km)

8/27

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Frederik LOECKX | 0:30:08 |
| 2. Roland VAN LOON | 0:31:55 |
| 3. Roel SMOLDERS | 0:34:39 |

1.	160	00:01:38		128m	12'46"/km
2.	163	00:01:51	00:03:29	283m	6'32"/km
3.	173	00:03:13	00:06:42	208m	15'28"/km
4.	175	00:02:09	00:08:51	163m	13'11"/km
5.	178	00:01:56	00:10:47	145m	13'20"/km
6.	182	00:01:58	00:12:45	238m	8'16"/km
7.	187	00:02:37	00:15:22	389m	6'44"/km
8.	188	00:00:00	00:15:22	82m	0'00"/km
9.	194	00:01:41	00:17:03	263m	6'24"/km
10.	197	00:01:53	00:18:56	47m	40'04"/km
11.	198	00:00:35	00:19:31	90m	6'29"/km
12.	204	00:04:16	00:23:47	399m	10'42"/km
13.	207	00:01:31	00:25:18	236m	6'26"/km
14.	208	00:00:00	00:25:18	23m	0'00"/km
15.	210	00:02:07	00:27:25	352m	6'01"/km
16.	211	00:02:38	00:30:03	320m	8'14"/km
17.	213	00:01:57	00:32:00	297m	6'34"/km
18.	214	00:00:00	00:32:00	22m	0'00"/km
19.	199	00:01:27	00:33:27	125m	11'36"/km
20.	192	00:01:11	00:34:38	207m	5'43"/km
21.	189	00:01:35	00:36:13	174m	9'06"/km
22.	200	00:00:56	00:37:09	117m	7'59"/km
23.	220	00:00:35	00:37:44	81m	7'12"/km
24.	999	00:00:19	00:38:03	75m	4'13"/km

Orienteering Software