



**City O Cup 1 - 2023**  
**MEERHOUT 30.4.2023**  
**K.O.L.**

**Frans WENS**

TROL

Omloop : H:05

Afstand : 2870m

Tijd : 0:31:45 (11'04"/km)

**2/18**

O.K.

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- |                  |         |
|------------------|---------|
| 1. Luc HEUNINCKX | 0:27:43 |
| 3. Rudy CANTRE   | 0:33:19 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 164 | 00:03:06 |          | 352m | 8'48"/km  |
| 2.  | 173 | 00:03:30 | 00:06:36 | 271m | 12'55"/km |
| 3.  | 174 | 00:02:30 | 00:09:06 | 171m | 14'37"/km |
| 4.  | 178 | 00:02:12 | 00:11:18 | 139m | 15'50"/km |
| 5.  | 179 | 00:00:18 | 00:11:36 | 48m  | 6'15"/km  |
| 6.  | 181 | 00:03:25 | 00:15:01 | 214m | 15'58"/km |
| 7.  | 186 | 00:02:25 | 00:17:26 | 178m | 13'35"/km |
| 8.  | 187 | 00:01:29 | 00:18:55 | 201m | 7'23"/km  |
| 9.  | 188 | 00:00:00 | 00:18:55 | 82m  | 0'00"/km  |
| 10. | 190 | 00:01:26 | 00:20:21 | 154m | 9'18"/km  |
| 11. | 193 | 00:01:58 | 00:22:19 | 112m | 17'34"/km |
| 12. | 196 | 00:02:41 | 00:25:00 | 71m  | 37'48"/km |
| 13. | 201 | 00:01:04 | 00:26:04 | 171m | 6'14"/km  |
| 14. | 215 | 00:01:40 | 00:27:44 | 215m | 7'45"/km  |
| 15. | 200 | 00:02:53 | 00:30:37 | 282m | 10'13"/km |
| 16. | 220 | 00:00:44 | 00:31:21 | 81m  | 9'03"/km  |
| 17. | 999 | 00:00:24 | 00:31:45 | 75m  | 5'20"/km  |

Orienteering Software