

AOS #5 Mastvest

Antwerpen 4.5.2023

Antwerp Orienteers

Carolien PUNIE

Antwerp Orienteers AOS

Course : D:Lang

Distance : 5000m

Time : 0:47:27 (9'29"/km)

8/8

O.K.

[Full result on Webres](#)

1. Claudia ROOMAN	0:25:09
2. Danielle DEWICKERE	0:25:11
3. Kim GOYSENS	0:32:35

1.	31	00:05:49		606m	9'36"/km
2.	32	00:01:53	00:07:42	181m	10'24"/km
3.	33	00:01:11	00:08:53	125m	9'28"/km
4.	34	00:01:21	00:10:14	124m	10'53"/km
5.	35	00:01:01	00:11:15	83m	12'15"/km
6.	36	00:00:52	00:12:07	81m	10'42"/km
7.	37	00:01:40	00:13:47	181m	9'12"/km
8.	38	00:03:43	00:17:30	345m	10'46"/km
9.	39	00:00:55	00:18:25	96m	9'33"/km
10.	40	00:01:09	00:19:34	120m	9'35"/km
11.	41	00:01:10	00:20:44	141m	8'16"/km
12.	42	00:02:12	00:22:56	240m	9'10"/km
13.	43	00:05:08	00:28:04	251m	20'27"/km
14.	44	00:08:30	00:36:34	265m	32'05"/km
15.	46	00:02:02	00:38:36	235m	8'39"/km
16.	45	00:03:33	00:42:09	299m	11'52"/km
17.	47	00:00:00	00:42:09	185m	0'00"/km
18.	51	00:01:11	00:43:20	134m	8'50"/km
19.	49	00:01:20	00:44:40	136m	9'48"/km
20.	50	00:01:32	00:46:12	161m	9'31"/km
21.	48	00:01:03	00:47:15	180m	5'50"/km
22.	999	00:00:12	00:47:27	34m	5'53"/km

Orienteering Software