



LOS 2023-05 Toverberg - LOS 2023-05

Egenhoven 3.6.2023

Omega

Sander ARNOUT

Omega

Course : H:01

Distance : 5210m

Time : 0:58:54 (11'18"/km)

27/44

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:34:47
2. Willem BAKELANTS	0:36:30
3. Yannick MICHIELS	0:37:20

1.	39	00:03:08	335m	9'21"/km
2.	44	00:01:31 00:04:39	136m	11'09"/km
3.	49	00:01:46 00:06:25	102m	17'19"/km
4.	53	00:01:29 00:07:54	159m	9'20"/km
5.	57	00:02:03 00:09:57	105m	19'31"/km
6.	59	00:03:42 00:13:39	202m	18'19"/km
7.	61	00:02:14 00:15:53	189m	11'49"/km
8.	65	00:01:35 00:17:28	184m	8'36"/km
9.	63	00:01:35 00:19:03	77m	20'34"/km
10.	54	00:01:34 00:20:37	184m	8'31"/km
11.	50	00:01:09 00:21:46	104m	11'03"/km
12.	51	00:01:14 00:23:00	50m	24'40"/km
13.	45	00:01:01 00:24:01	64m	15'53"/km
14.	47	00:01:18 00:25:19	100m	13'00"/km
15.	41	00:01:48 00:27:07	248m	7'15"/km
16.	36	00:01:39 00:28:46	135m	12'13"/km
17.	31	00:01:04 00:29:50	120m	8'53"/km
18.	32	00:01:56 00:31:46	144m	13'26"/km
19.	49	00:02:09 00:33:55	84m	25'36"/km
20.	43	00:02:11 00:36:06	127m	17'11"/km
21.	42	00:00:24 00:36:30	38m	10'32"/km
22.	38	00:00:29 00:36:59	33m	14'39"/km
23.	36	00:01:22 00:38:21	53m	25'47"/km
24.	40	00:01:27 00:39:48	92m	15'46"/km
25.	46	00:01:57 00:41:45	256m	7'37"/km
26.	56	00:02:54 00:44:39	340m	8'32"/km
27.	52	00:00:55 00:45:34	91m	10'04"/km
28.	55	00:00:45 00:46:19	78m	9'37"/km
29.	58	00:01:55 00:48:14	238m	8'03"/km
30.	64	00:01:02 00:49:16	84m	12'18"/km
31.	62	00:01:15 00:50:31	132m	9'28"/km
32.	60	00:00:37 00:51:08	56m	11'01"/km
33.	45	00:03:52 00:55:00	382m	10'07"/km
34.	44	00:01:09 00:56:09	100m	11'30"/km
35.	33	00:01:18 00:57:27	146m	8'54"/km
36.	999	00:01:27 00:58:54	243m	5'58"/km