



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Isabelle DELATTRE

4708NA V.A.S.C.O.

Circuit : J

Distance : 5000m (Dénivelé 70m)

Temps : 1:09:53 (13'59"/km)

23/55

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Marie-Christine BRAULT | 0:48:00 |
| 2. Martine WIBART | 0:50:27 |
| 3. Oriane MARCON | 0:51:19 |

1.	47	00:06:21		304m	20'53"/km
2.	36	00:04:13	00:10:34	309m	13'39"/km
3.	38	00:06:37	00:17:11	520m	12'43"/km
4.	58	00:10:06	00:27:17	469m	21'32"/km
5.	49	00:01:32	00:28:49	77m	19'55"/km
6.	43	00:01:54	00:30:43	63m	30'10"/km
7.	112	00:17:45	00:48:28	1307m	13'35"/km
8.	48	00:02:32	00:51:00	232m	10'55"/km
9.	110	00:02:42	00:53:42	202m	13'22"/km
10.	54	00:02:45	00:56:27	259m	10'37"/km
11.	34	00:10:08	01:06:35	811m	12'30"/km
12.	255	00:02:37	01:09:12	233m	11'14"/km
13.	999	00:00:41	01:09:53	155m	4'25"/km

HELGA

Orienteering Software