



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Odile LEROY

5907HF T.A.D.

Circuit : J

Distance : 5000m (Dénivelé 70m)

Temps : 1:15:07 (15'01"/km)

30/55

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Marie-Christine BRAULT | 0:48:00 |
| 2. Martine WIBART | 0:50:27 |
| 3. Oriane MARCON | 0:51:19 |

1.	47	00:04:12		304m	13'49"/km
2.	36	00:03:55	00:08:07	309m	12'41"/km
3.	38	00:09:23	00:17:30	520m	18'03"/km
4.	58	00:05:10	00:22:40	469m	11'01"/km
5.	49	00:01:09	00:23:49	77m	14'56"/km
6.	43	00:01:04	00:24:53	63m	16'56"/km
7.	112	00:27:21	00:52:14	1307m	20'56"/km
8.	48	00:02:56	00:55:10	232m	12'39"/km
9.	110	00:03:25	00:58:35	202m	16'55"/km
10.	54	00:02:35	01:01:10	259m	9'58"/km
11.	34	00:10:49	01:11:59	811m	13'20"/km
12.	255	00:02:31	01:14:30	233m	10'48"/km
13.	999	00:00:37	01:15:07	155m	3'59"/km

HELGA

Orienteering Software