



Nationale Sud-Ouest 2023 - Longue distance
Lit-et-Mixe 18.6.2023
4012NA B.R.O.S

Dominique CAZALA

3308NA SAGC CESTAS

Circuit : J

Distance : 5000m (Dénivelé 70m)

Temps : 1:23:17 (16'39"/km)

39/55

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------------|---------|
| 1. Marie-Christine BRAULT | 0:48:00 |
| 2. Martine WIBART | 0:50:27 |
| 3. Oriane MARCON | 0:51:19 |

1.	47	00:05:53		304m	19'21"/km
2.	36	00:04:33	00:10:26	309m	14'43"/km
3.	38	00:07:52	00:18:18	520m	15'08"/km
4.	58	00:06:14	00:24:32	469m	13'17"/km
5.	49	00:02:00	00:26:32	77m	25'58"/km
6.	43	00:03:42	00:30:14	63m	58'44"/km
7.	112	00:25:40	00:55:54	1307m	19'38"/km
8.	48	00:03:03	00:58:57	232m	13'09"/km
9.	110	00:03:07	01:02:04	202m	15'26"/km
10.	54	00:03:07	01:05:11	259m	12'02"/km
11.	34	00:14:27	01:19:38	811m	17'49"/km
12.	255	00:02:44	01:22:22	233m	11'44"/km
13.	999	00:00:55	01:23:17	155m	5'55"/km

HELGA

Orienteering Software