



3 Days of Belgium - Day 1

Daverdisse 30.6.2023

Balise 10

Claudia ROOMAN

Antwerp Orienteers

Circuit : DE

Distance : 5000m (Dénivelé 80m)

Temps : 0:56:52 (11'22"/km)

18/20

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Ems DE SMUL | 0:33:30 |
| 2. Hannah THIELS | 0:34:51 |
| 3. Marine SILLIEN | 0:37:28 |

1.	215	00:03:07		410m	7'36"/km
2.	216	00:01:24	00:04:31	195m	7'11"/km
3.	192	00:01:59	00:06:30	249m	7'58"/km
4.	210	00:01:00	00:07:30	110m	9'05"/km
5.	197	00:02:28	00:09:58	225m	10'58"/km
6.	174	00:03:32	00:13:30	411m	8'36"/km
7.	226	00:03:56	00:17:26	181m	21'44"/km
8.	168	00:02:05	00:19:31	202m	10'19"/km
9.	213	00:02:30	00:22:01	294m	8'30"/km
10.	214	00:02:21	00:24:22	236m	9'57"/km
11.	221	00:03:51	00:28:13	386m	9'58"/km
12.	203	00:03:18	00:31:31	428m	7'43"/km
13.	179	00:01:33	00:33:04	215m	7'13"/km
14.	219	00:01:55	00:34:59	245m	7'49"/km
15.	220	00:13:58	00:48:57	162m	86'13"/km
16.	201	00:03:07	00:52:04	465m	6'42"/km
17.	202	00:02:09	00:54:13	288m	7'28"/km
18.	181	00:01:32	00:55:45	98m	15'39"/km
19.	255	00:00:49	00:56:34	97m	8'25"/km
20.	999	00:00:18	00:56:52	95m	3'09"/km

Orienteering Software