



VII COPA SUL DE ORIENTAÇÃO - Percurso LONGO

Fazenda Chopim I - Palmas/PR 29.7.2023

Cobra Clube de Orientação

Nícolas De Barros Vieira

Federação de Orientação de São Paulo

Percurso : H21E

Distancia : 11000m (Desnivel 420m)

Tempo : 2:11:39 (11'58"/km) [Pontos : 10]

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O.K.

[Resultados completos em Webres](#)

1. Fábio Kuczkoski	1:10:23 [40]
2. Flademir Rudinei Groos	1:20:35 [37]
3. Claudinei Nitsch	1:21:20 [35]

1.	347	00:05:09		340m	15'09"/km
2.	338	00:12:17	00:17:26	308m	39'53"/km
3.	324	00:01:43	00:19:09	178m	9'39"/km
4.	317	00:11:19	00:30:28	807m	14'01"/km
5.	318	00:01:44	00:32:12	162m	10'42"/km
6.	303	00:07:27	00:39:39	663m	11'14"/km
7.	339	00:05:19	00:44:58	504m	10'33"/km
8.	345	00:01:44	00:46:42	203m	8'32"/km
9.	306	00:02:03	00:48:45	245m	8'22"/km
10.	343	00:04:25	00:53:10	408m	10'50"/km
11.	303	00:04:40	00:57:50	338m	13'48"/km
12.	302	00:02:46	01:00:36	228m	12'08"/km
13.	337	00:04:06	01:04:42	268m	15'18"/km
14.	339	00:02:30	01:07:12	270m	9'16"/km
15.	336	00:02:59	01:10:11	269m	11'05"/km
16.	327	00:02:36	01:12:47	202m	12'52"/km
17.	307	00:05:05	01:17:52	688m	7'23"/km
18.	305	00:04:35	01:22:27	210m	21'50"/km
19.	348	00:17:06	01:39:33	1506m	11'21"/km
20.	354	00:02:52	01:42:25	238m	12'03"/km
21.	353	00:03:40	01:46:05	370m	9'55"/km
22.	321	00:02:22	01:48:27	142m	16'40"/km
23.	350	00:01:21	01:49:48	199m	6'47"/km
24.	320	00:03:55	01:53:43	433m	9'03"/km
25.	323	00:07:00	02:00:43	300m	23'20"/km
26.	325	00:08:06	02:08:49	456m	17'46"/km
27.	31	00:02:27	02:11:16	483m	5'04"/km
28.	999	00:00:23	02:11:39	77m	4'59"/km

Orienteering Software