



ASOM 2023 - WRE & City Race

Ghent 20.8.2023

ASOM

Lok Hin MA

Antwerp Orienteers

Course : M ELITE

Distance : 4300m

Time : 0:17:40 (4'07"/km)

79/115

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Tuomas HEIKKILÄ | 0:14:13 |
| 2. Yannick MICHIELS | 0:14:14 |
| 3. Adrien DELENNE | 0:14:23 |

1.	49	00:00:36		101m	5'56"/km
2.	53	00:00:17	00:00:53	66m	4'18"/km
3.	40	00:01:48	00:02:41	199m	9'03"/km
4.	34	00:03:10	00:05:51	542m	5'51"/km
5.	35	00:01:21	00:07:12	238m	5'40"/km
6.	151	00:00:57	00:08:09	183m	5'11"/km
7.	36	00:00:18	00:08:27	64m	4'41"/km
8.	37	00:00:34	00:09:01	59m	9'36"/km
9.	50	00:00:31	00:09:32	83m	6'13"/km
10.	51	00:00:22	00:09:54	65m	5'38"/km
11.	52	00:01:55	00:11:49	337m	5'41"/km
12.	33	00:00:44	00:12:33	105m	6'59"/km
13.	152	00:02:05	00:14:38	343m	6'04"/km
14.	47	00:00:47	00:15:25	180m	4'21"/km
15.	46	00:00:50	00:16:15	133m	6'16"/km
16.	45	00:00:33	00:16:48	99m	5'33"/km
17.	44	00:00:31	00:17:19	66m	7'50"/km
18.	43	00:00:10	00:17:29	32m	5'12"/km
19.	999	00:00:11	00:17:40	73m	2'31"/km

Orienteering Software