



ASOM 2023 - WRE & City Race

Ghent 20.8.2023

ASOM

Dirk GORIS

K.O.L.

Course : M VET

Distance : 9400m

Time : 0:59:45 (6'21"/km)

17/44

O.K.

[Full result on Webres](#)

1. Kim JANSEN	0:44:04
2. Guido LENGES	0:45:37
2. Frederik LOECKX	0:45:37

1.	57	00:04:33	428m	10'38"/km
2.	67	00:00:42 00:05:15	91m	7'42"/km
3.	35	00:01:34 00:06:49	238m	6'35"/km
4.	81	00:01:36 00:08:25	101m	15'50"/km
5.	54	00:01:10 00:09:35	48m	24'18"/km
6.	66	00:01:07 00:10:42	167m	6'41"/km
7.	65	00:01:04 00:11:46	123m	8'40"/km
8.	106	00:01:39 00:13:25	125m	13'12"/km
9.	82	00:02:21 00:15:46	333m	7'03"/km
10.	64	00:01:55 00:17:41	146m	13'08"/km
11.	84	00:01:26 00:19:07	208m	6'53"/km
12.	83	00:01:14 00:20:21	198m	6'14"/km
13.	85	00:00:33 00:20:54	83m	6'38"/km
14.	73	00:03:09 00:24:03	477m	6'36"/km
15.	39	00:02:54 00:26:57	258m	11'14"/km
16.	51	00:02:45 00:29:42	464m	5'56"/km
17.	68	00:01:51 00:31:33	220m	8'25"/km
18.	86	00:02:04 00:33:37	214m	9'39"/km
19.	87	00:03:03 00:36:40	126m	24'12"/km
20.	88	00:00:51 00:37:31	84m	10'07"/km
21.	89	00:04:29 00:42:00	568m	7'54"/km
22.	58	00:02:32 00:44:32	390m	6'30"/km
23.	52	00:02:36 00:47:08	228m	11'24"/km
24.	59	00:02:22 00:49:30	285m	8'18"/km
25.	72	00:04:05 00:53:35	521m	7'50"/km
26.	69	00:01:29 00:55:04	150m	9'53"/km
27.	71	00:01:06 00:56:10	74m	14'52"/km
28.	91	00:02:40 00:58:50	322m	8'17"/km
29.	43	00:00:34 00:59:24	104m	5'27"/km
30.	999	00:00:21 00:59:45	73m	4'48"/km