



LV NAVAMAER 2023 - Percurso Longo

Resende - RJ 30.8.2023

AMAN

Mattos

FAB

Percurso : MASC

Distancia : 7600m (Desnivel 290m)

Tempo : 1:07:33 (8'53"/km)

3/30

O.K.

[Resultados completos em Webres](#)

1. Jaeger 1:06:53
2. Brizola 1:07:21

1.	49	00:11:17		1317m	8'34"/km
2.	48	00:01:25	00:12:42	160m	8'51"/km
3.	45	00:04:06	00:16:48	516m	7'57"/km
4.	43	00:01:25	00:18:13	223m	6'21"/km
5.	42	00:02:11	00:20:24	246m	8'53"/km
6.	48	00:02:03	00:22:27	165m	12'25"/km
7.	47	00:02:01	00:24:28	231m	8'44"/km
8.	46	00:03:19	00:27:47	328m	10'07"/km
9.	45	00:01:14	00:29:01	140m	8'49"/km
10.	44	00:00:50	00:29:51	102m	8'10"/km
11.	39	00:05:50	00:35:41	757m	7'42"/km
12.	63	00:11:10	00:46:51	984m	11'21"/km
13.	64	00:01:53	00:48:44	127m	14'50"/km
14.	65	00:01:34	00:50:18	167m	9'23"/km
15.	53	00:05:26	00:55:44	582m	9'20"/km
16.	54	00:01:42	00:57:26	143m	11'53"/km
17.	55	00:03:30	01:00:56	279m	12'33"/km
18.	56	00:00:52	01:01:48	117m	7'24"/km
19.	70	00:02:30	01:04:18	379m	6'36"/km
20.	61	00:01:22	01:05:40	238m	5'45"/km
21.	90	00:01:42	01:07:22	195m	8'43"/km
22.	999	00:00:11	01:07:33	111m	1'39"/km

Orienteering Software