



Régionale
Camp Elsenborn 9.9.2023
OLV Eifel

Nancy WENDERICKX

hamok

Course : D:Noir Long

Distance : 9460m

Time : 1:46:07 (11'13"/km)

2/2

O.K.

[Full result on Webres](#)

1. Stéphanie BLOCKX

1:44:44

1.	131	00:01:39		250m	6'36"/km
2.	132	00:10:07	00:11:46	1112m	9'06"/km
3.	133	00:01:42	00:13:28	108m	15'44"/km
4.	134	00:02:01	00:15:29	107m	18'51"/km
5.	135	00:01:42	00:17:11	153m	11'07"/km
6.	136	00:01:16	00:18:27	135m	9'23"/km
7.	137	00:15:04	00:33:31	912m	16'31"/km
8.	138	00:04:56	00:38:27	260m	18'58"/km
9.	139	00:01:28	00:39:55	65m	22'34"/km
10.	140	00:01:16	00:41:11	82m	15'27"/km
11.	141	00:03:42	00:44:53	184m	20'07"/km
12.	164	00:01:58	00:46:51	133m	14'47"/km
13.	142	00:02:01	00:48:52	146m	13'49"/km
14.	143	00:02:33	00:51:25	293m	8'42"/km
15.	144	00:02:05	00:53:30	235m	8'52"/km
16.	145	00:01:34	00:55:04	147m	10'39"/km
17.	146	00:04:16	00:59:20	262m	16'17"/km
18.	147	00:01:17	01:00:37	124m	10'21"/km
19.	148	00:02:03	01:02:40	216m	9'29"/km
20.	149	00:02:56	01:05:36	283m	10'22"/km
21.	150	00:06:53	01:12:29	717m	9'36"/km
22.	151	00:03:08	01:15:37	262m	11'58"/km
23.	152	00:01:36	01:17:13	106m	15'06"/km
24.	153	00:02:36	01:19:49	309m	8'25"/km
25.	154	00:01:50	01:21:39	195m	9'24"/km
26.	155	00:09:17	01:30:56	992m	9'21"/km
27.	156	00:01:02	01:31:58	85m	12'09"/km
28.	157	00:01:52	01:33:50	82m	22'46"/km
29.	158	00:02:51	01:36:41	272m	10'29"/km
30.	159	00:00:51	01:37:32	101m	8'25"/km
31.	160	00:02:20	01:39:52	319m	7'19"/km
32.	123	00:00:31	01:40:23	64m	8'04"/km
33.	101	00:00:21	01:40:44	42m	8'20"/km
34.	97	00:01:47	01:42:31	270m	6'36"/km
35.	165	00:02:44	01:45:15	290m	9'26"/km
36.	999	00:00:52	01:46:07	146m	5'56"/km