



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Thomas JANSEN

KOVZ

Omloop : H-16

Afstand : 5120m

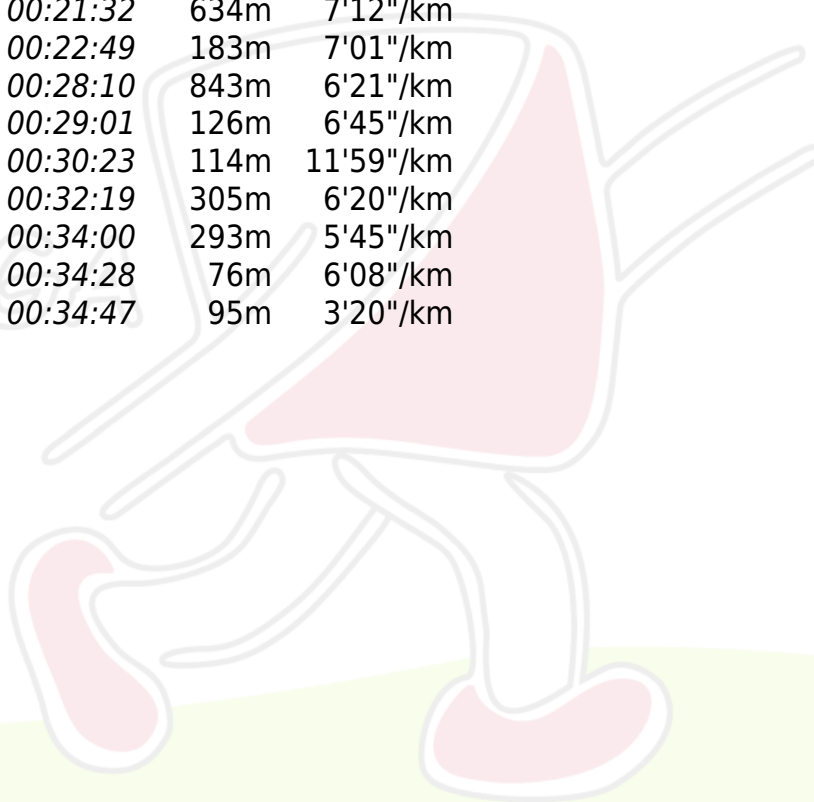
Tijd : 0:34:47 (6'48"/km)

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O.K.

[Volledige uitslagen op Webres](#)

1.	134	00:03:49		375m	10'11"/km
2.	136	00:01:58	00:05:47	365m	5'23"/km
3.	137	00:00:40	00:06:27	106m	6'17"/km
4.	155	00:05:08	00:11:35	768m	6'41"/km
5.	157	00:01:05	00:12:40	147m	7'22"/km
6.	147	00:02:44	00:15:24	357m	7'39"/km
7.	145	00:01:34	00:16:58	192m	8'10"/km
8.	132	00:04:34	00:21:32	634m	7'12"/km
9.	131	00:01:17	00:22:49	183m	7'01"/km
10.	156	00:05:21	00:28:10	843m	6'21"/km
11.	151	00:00:51	00:29:01	126m	6'45"/km
12.	153	00:01:22	00:30:23	114m	11'59"/km
13.	113	00:01:56	00:32:19	305m	6'20"/km
14.	159	00:01:41	00:34:00	293m	5'45"/km
15.	150	00:00:28	00:34:28	76m	6'08"/km
16.	999	00:00:19	00:34:47	95m	3'20"/km



Orienteering Software