



Nederlands kampioenschap lange afstand

Oirschot 17.9.2023

KOVZ

Georges TIMMERMANS

K.O.L.

Omloop : H75

Afstand : 5120m

Tijd : 1:17:38 (15'10"/km)

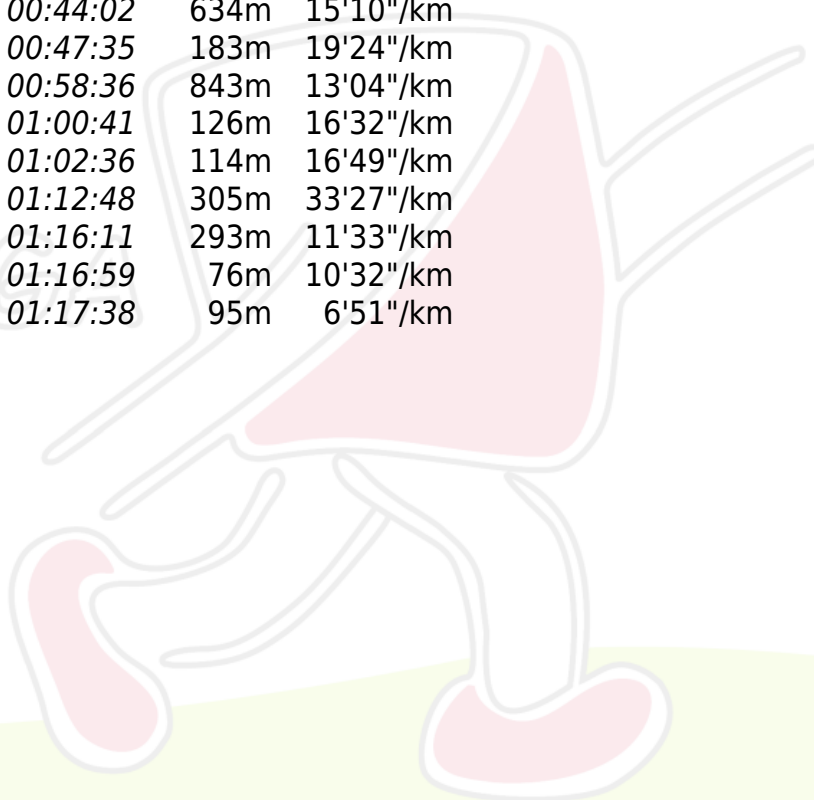
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O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Mike IN 'T GROEN | 0:55:53 |
| 2. Dirk ZWIKKER | 1:11:35 |
| 3. Ruud SCHONEWILLE | 1:35:54 |

1.	134	00:06:09		375m	16'24"/km
2.	136	00:04:08	00:10:17	365m	11'19"/km
3.	137	00:01:32	00:11:49	106m	14'28"/km
4.	155	00:10:43	00:22:32	768m	13'57"/km
5.	157	00:04:12	00:26:44	147m	28'34"/km
6.	147	00:04:57	00:31:41	357m	13'52"/km
7.	145	00:02:44	00:34:25	192m	14'14"/km
8.	132	00:09:37	00:44:02	634m	15'10"/km
9.	131	00:03:33	00:47:35	183m	19'24"/km
10.	156	00:11:01	00:58:36	843m	13'04"/km
11.	151	00:02:05	01:00:41	126m	16'32"/km
12.	153	00:01:55	01:02:36	114m	16'49"/km
13.	113	00:10:12	01:12:48	305m	33'27"/km
14.	159	00:03:23	01:16:11	293m	11'33"/km
15.	150	00:00:48	01:16:59	76m	10'32"/km
16.	999	00:00:39	01:17:38	95m	6'51"/km



Orienteering Software