



**Nationale lang Sonnis - Kelchterhoef**  
**HOUTHALEN 1.10.2023**  
**K.O.L.**

**Marie-Christine BLANCHE**

ASUB

Omloop : D75

Afstand : 3180m

Tijd : 1:23:03 (26'07"/km)

**3/3**

O.K.

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- |                       |         |
|-----------------------|---------|
| 1. Gilberte MARIEN    | 1:06:59 |
| 2. Françoise PONCELET | 1:13:51 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 171 | 00:06:07 |          | 269m | 22'44"/km |
| 2.  | 128 | 00:05:08 | 00:11:15 | 269m | 19'05"/km |
| 3.  | 178 | 00:07:09 | 00:18:24 | 283m | 25'16"/km |
| 4.  | 123 | 00:05:19 | 00:23:43 | 134m | 39'41"/km |
| 5.  | 135 | 00:05:39 | 00:29:22 | 276m | 20'28"/km |
| 6.  | 132 | 00:14:58 | 00:44:20 | 540m | 27'43"/km |
| 7.  | 122 | 00:14:28 | 00:58:48 | 291m | 49'43"/km |
| 8.  | 133 | 00:03:10 | 01:01:58 | 197m | 16'04"/km |
| 9.  | 191 | 00:03:16 | 01:05:14 | 194m | 16'50"/km |
| 10. | 125 | 00:13:13 | 01:18:27 | 312m | 42'22"/km |
| 11. | 200 | 00:01:46 | 01:20:13 | 107m | 16'31"/km |
| 12. | 999 | 00:02:50 | 01:23:03 | 229m | 12'22"/km |

HELGA

Orienteering Software